



new england college health association

2000 - 2001 NECHA Board of Directors

#### **President**

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Janice Allen, NP Director, Health Service Holy Cross College 508 793-2276/jallen@holycross.edu

Peter Nobes, PA
Primary Care Clinician
University of Vermont
802 656-0611/pnobes@zoo.uvm.edu

Gladi Porsche, MD Associate Director, Clinical Services University of New Hampshire 603 862-2861/gvp@cisunix.unh.edu

Rita Sheppard, RNC, ANP Director, Health Services Framingham State College 508 626-4900/rsheppa@frc.mass.edu

#### Historian/Advisor

Carole Worsh, RNC, ANP Director, Health Services Pine Manor College Chestnut Hill, MA 02467 617 731-7173/worshcar@pmc.edu

### ACHA Representative to Region V

Sandra Stern, RNC, ANP Director, Health Service Anna Maria College 508 849-3330/sstern@anna\_maria.edu

## President's Message

### Greetings,

By the time this gets into your hands you will probably be well underway with the new academic year and busy chasing students for their immunization records. However, it still will be close enough to the summer just completed to be wistful about vacation memories and peaceful summer days. I urge you though to keep those memories close with you as the days grow shorter and the to-do-list grows longer.

A week after our return from the ACHA meeting in Las Vegas, the NECHA Board met at the University of New Hampshire in Durham and discussed many issues. Among them was the question of how to involve others from the membership in the Board operations. One suggestion was to appoint members to serve on special committees on the Board. It is our hope, that in this way we will be able to involve people who may be interested in serving but who cannot commit significant amounts of time as full board members.

The Board also spent some time discussing the strategic direction that we, as an organization, should be taking. We looked at our current vision and brainstormed about what our vision for the future should be. We agreed that a mission statement for NECHA must be developed. There are presently four Board members who have volunteered to tackle this task, but we need the input of the membership. I encourage NECHA members with a passion and eagerness to help with this task to call me. Other members of the Board who are working on this include Gladi Porsche at UNH, Chad Henderson at URI, and Sandy

Stern at Anna Maria College. I encourage you to call any of us with ideas, suggestions or to volunteer your services.

Also designed to promote more widespread involvement among the membership, a special committee has been appointed, chaired by Donna Denelli-Hess. Donna spent many hours last winter and spring on a special membership survey, and she will continue to work on that and other membership initiatives. This is a massive task and we will be recruiting interested folks at the fall meeting in Burlington to work with Donna on this committee. Please step up and volunteer, we need everyone if we are to make this a vibrant organization inclusive of all the different constituents that comprise college health in New England.

These were only two of the many things that the Board discussed that day. You will receive reports on other items under separate headings in this newsletter. Your Board has been busy working on all our behalf as we tackle the business of taking care of students.

I wish you all a great start to the fall semester, and look forward to seeing you at our annual meeting in Burlington in November.

Sincerely,

Thelma Lake, RNC, NP, MS President, NECHA Director of Health Services Babson College

# 2001-2002 NECHA Board of Directors Nominations

### Board nominations (each a one-year term) for the coming academic year are as follows:

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Peter Nobes, PA Primary Care Clinician University of Vermont

#### Treasurer

Michael Kurland, MSPH Director, Health Services University of Connecticut

#### Secretary

Pamela Clay-Storm, RN, BSN College Health Nurse University of Southern Maine

#### Member-at-Large

Ruth Blauer, MSN Director, Student Health Services Wesleyan University Elections will be held on Friday, November 3 at the NECHA Business Meeting in Burlington. At this time, there is one additional member-atlarge position open on the Board. If you are interested in joining the Board or would like to nominate someone, please contact Past President Donna Denelli-Hess.

### NECHA By-Laws Amendment to be Considered at Combined Meeting

### Draft Proposed Change Regarding Membership, Dues, and Fiscal Year

The By-Laws Committee proposes that the current Article III:

### ARTICLE III-MEMBERSHIP & DUES

Section 1. MEMBERSHIP-Membership will be open to any one with a commitment to college health and the mission of NECHA and will be in accordance with ACHA Bylaws.

Section 2. PRIVILEGES-All members will be entitled to hold office and to vote.

Section 3. DUES-Combined ACHA/NECHA individual dues are payable upon application for membership and annually thereafter on January 1. The amount of these dues will be determined by the ACHA Board

#### Be replaced with the following:

#### ARTICLE III-MEMBERSHIP, DUES, & FISCAL YEAR

There shall be three categories of membership: (1) Individual, (2) Emeritus, and (3) Affiliate Institutional with dues payable on a fiscal year basis.

### Section 1. Individual Membership (dual membership).

Eligibility.

Individual Membership in NECHA is obtained by joining ACHA as an individual or by being the RMI or SRMI from an institutional member of ACHA and by designating NECHA as the affiliate choice. This is referred to as dual membership. Dual membership shall have three types: (1) regular, (2) student, and (3) associate.

- (1) Regular Membership shall be open to anyone on the staff of an institution of higher education or organization eligible for institutional membership in ACHA.
- (2) Student Membership is open to individuals who are students at a recognized college or university and not employed as a 'professional or civil service employee' at the health service.
- (3) Associate Membership shall be open to anyone who is not eligible for regular membership.

### Privileges.

A regular member, upon payment of dues, shall be eligible to vote and hold office in NECHA.

A student member shall have one vote in a NECHA election and may hold office as the student representative on the NECHA Board.

An associate member may neither vote nor hold office in NECHA.

#### Section 2. Emeritus Membership.

Eligibility.

Emeritus Membership will be open to any individual member in good standing at the time of retirement provided the member has held such individual membership status in ACHA/NECHA for at least five years immediately preceding retirement.

Privileges.

Emeritus members may, on payment of individual dues, have the privileges of the class of membership to which they belonged prior to becoming emeritus.

#### Section 3. NECHA Affiliate Institutional Membership.

Eligibility.

Affiliate Institutional Membership of NECHA shall be open to any health service (center) in an institution of higher education of recognized standing, which provides services to members of the institutional community.

Privileges.

Upon payment of dues, individuals who are employed at a NECHA Affiliate Institutional Member organization will be eligible to register for NECHA educational events and annual meeting at the member rate and vote in affiliate elections.

#### Section 4. Dues.

Dues are payable to NECHA upon application for membership.

If two or more distinct and separate educational institutions are under the administration of one governing body, each institution shall be considered as a separate entity for membership.

Dues for Affiliate Institutional Membership of NECHA shall be established by the NECHA Board of Directors. Annual dues for ACHA/NECHA individual dual membership shall be established by the ACHA Board of Directors.

### Section 5. Fiscal Year.

The fiscal year for NECHA is January 1 to December 31.

### Everything You Wanted to Know About the Combined Annual Meeting.....

# **2001 COMBINED ANNUAL MEETING UPDATE**More Sessions than Ever Before!



With our friends from New York joining us this year, enthusiasm was at an all time high as the Planning Committee grew to over 20! In anticipation of up to 300 participants, we are offering 6 concurrent

**Burlington Waterfront** 

sessions during most time slots. The schedule brings a breadth of sessions for the many disciplines represented in college health.

Words of warning: Choices will be difficult! We ask that you pre-select your workshops as you register for the Meeting. Your selections are not binding, but will assist us in the planning of room assignments.

Charles Henderson, MBA Program Chair Director, Student Health Services University of Rhode Island

### **Play Rights** Four Hearts Changing

Theresa Jacques at 570 389-1274.

We are very pleased to have Equalogy present Saturday's general session, *PlayRights: Four Hearts Changing*. Based in Pennsylvania, the interactive educational theatre group has performed on numerous campuses on the subjects of sexual assault and domestic violence. For information on bringing Equalogy to your campus, contact:

**Awards** 

The NECHA Presidential Award will be presented for the first time in Burlington. The Award will recognize the contributions to college health by an individual who has made significant contributions to the students they serve, as well as their institution, community and profession.

The 2000 Louise Gazzara Award was presented to Carole Worsh of Pine Manor College over the telephone. The 2001-02 recipient will be acknowledged at NECHA's Business Meeting during lunch on Friday, November 2 – hopefully in person!

Nominations for both awards were sought last past spring. Review and final selections were made at the NECHA Board of Directors meeting in June. Recipients of both the NECHA Presidential and Louise Gazzara Awards will have their registration fee waived for the Combined Annual Meeting. Stay tuned.....



Joining us in Burlington? Don't miss the opportunity to contribute to the Web Wall. Jot down your favorite health or wellness Web site addresses on 3x5 cards with a sentence describing their content. Hang it on the Web Wall with your e-mail address (on the back) and you will receive a complete listing of all the sites after the Meeting.

	Think about:	
Eating Disorders	Health Promotion	Smoke Free Campuses
Violence Prevention	Clinical	Alternative Therapies
Cultural Issues	Alcohol & Drugs	General College Health

### State & Regional Baskets

Another tradition began at Portland 2000 – that is, the great state basket giveaways. Who will forget Chad Henderson (in his famous Rhode Island accent) as he described the decadent offerings from his state? Yes, it will happen again at Thursday evening's Annual Banquet. Several New York regions will join us this year, so let the competition begin!



How can you win – just come to the banquet; it's all part of your 3-day registration fee! Single day registrants are welcome to attend the banquet too. Simply sign up as a guest on your registration form.



# Yankee Swap

Show your school spirit by participating in NECHA's Annual Yankee Swap. A great success at Portland 2000, bring a mug, t-shirt, cap or banner – or whatever that represents your school. Bring it to the Swap Table and trade it from something in return! Visit your college bookstore or raid your give-away box before heading to Burlington for the Annual Meeting. New Yorkers are invited to join the Yankees in the fun!

### Career Opportunities

### Staff Assistant/Community Health & Patient Educator

University of Massachusetts Amherst University Health Services

Experienced professional needed to provide health promotion and outreach services to a diverse population in a college setting. Position responsibilities include developing campus wide efforts for Men's Health, tobacco education, and stress management; outreach programs to ALANA (African, Latino, Asian and Native American) and International students; and liaison to the Student Health Advisory Board. Full-time; 40 hours per week; 52 week; benefited position. Hiring salary range, \$36,900-\$46,100: normal starting salary \$36,900-\$41,500, plus benefits.

Required Qualifications: Masters degree in Community Health Education in Public Health, in Education or Health Promotion; three years of progressively responsible experience in health education in a similar position; demonstrated knowledge and application of primary prevention and health education theory, curriculum development, program planning, research/evaluation methods, community and organizational development theory, excellent writing and editing skills; advanced training and professional experience in one of several areas, such as alcohol and other drug education, sexuality education, HIV and STD education, health promotion, and/or patient education is strongly preferred; areas may vary depending on campus and/or organizational needs; preferred certification may vary depending on health center or University needs, such as Certified Health Education Specialist(CHES); Certified Alcohol and Drug Counselor (CAC, CADAC); Certified HIV Antibody Test Counselor; able to lift, transport and deliver materials and equipment (light/medium weight). Flexibility to work evenings and weekends periodically, and to adjust work assignments according to the changing needs of the health center and campus population.

Send resume and cover letter to Search R15253, Employment Office, Room 167 Whitmore Administration Bldg, University of Massachusetts, Amherst, MA 01003 postmarked no later than 9/21/01.

The University is an affirmative action/equal opportunity employer. Women and members of minority groups are encouraged to apply.

### Health/Wellness Educator, Emerson College Temporary, Part-time

The Center for Health & Wellness at Emerson

College in Boston has a temporary part-time position (24 h/w) for a Health/Wellness educator. Position is for fall semester & requires some evening & weekend hours.

The Wellness educator is responsible for providing & coordinating health education programs on campus and in the residence halls. The focus of the fall semester topics include AOD education and responsible decision making; training programs for resident assistant staff and peer educators

Preference is given to a Nurse Practitioner with experience in AOD. Will consider other candidates w/ MS/MEd in Health Education or Public Health and experience in AOD programming. Please send cover letter & resume to: Jane Powers, Director, Center for Health & Wellness, Emerson College, 120 Boylston Street, Boston, MA 02116 or email jane\_powers@emerson.edu

### Coordinator of Alcohol and Other Drug Education

Category: Exempt

Dartmouth College Health Service

Position: 588800

Reports to: Director of Health Resources

Minimum Qualification: Master's degree in health education or related field with 4-5 years experience in the area of college alcohol and other drug education and/or prevention programs; or the equivalent.

Other Requirements: Working knowledge of health issues facing college populations, with a special focus on alcohol and other drug abuse prevention, outreach and education initiatives. Ability to address significant aspects of individual and cultural identity that could impact on alcohol and other drug abuse. Ability to advise and lead diverse student groups and is aware of different mechanisms for identifying and communicating with a wide range of groups on a college campus. Strong written, verbal, and organizational skills are essential.

Definition: Develops, plans implements and coordinates a comprehensive alcohol and other drug abuse prevention and education program. Participates in campus and community organizations addressing issues of prevention and education. Conducts and presents workshops and educational programs. Advises campus peer education and peer advising groups focusing on alcohol and other drug issues. Participates in the design and implementation of Health Resources Department health promotion programs.

Typical Examples of Work Performed:

- 1. Administers the prevention, education and outreach aspects of a model comprehensive substance abuse alcohol and other drug prevention and education program in coordination with the related areas and departments on campus. Coordinates efforts across the campus in developing and administering a comprehensive alcohol and other drug prevention and education program based on a range of environmental strategies that will change the campus and community environment.
- 2. Designs, develops, and/or coordinates alcohol and other drug prevention and education efforts. Works alone and with others to research and develop educational programs that support students' low risk choices regarding alcohol and other drugs and other health-related areas. Collaborates with other areas and departments to create a campus wide education and prevention program that includes as many parts of the college as possible (Athletics, Faculty, Health Services, Student Activities, Residential Life, First Year Orientation, and other undergraduate student areas). Works with the Department of Evaluation and Research in evaluating alcohol and other drug related programs, activities, and initiatives.
- 3. Serves as an informational resource to administration, staff, and college departments/divisions regarding alcohol and other drug education, prevention, and treatment. Remains current with local, regional and national news and information on alcohol and other drug prevention and education efforts, policies, studies, and programming. Provides the Faculty, Athletic Coaches, Student Organization Advisors, and other administrative and staff personnel with the information and resources for addressing alcohol and other drug misuse and abuse with their specific student group/team/organization. Identifies and reports on trends in the use of alcohol and other drugs at Dartmouth College.
- 4. Serves as a member of the Health Service Alcohol and Other Drug Treatment Team. Provides educational group sessions for students who have violated campus alcohol and other drug policies and rules.
- 5. Coordinates awareness and skill building workshops, training and retreats for and with campus organizations, departments, and areas including the offices of Residential Life, Student Life, the Upper Class Deans, Faculty, the First Year Office, Athletic Department and other campus divisions. Works with these areas to assess develop and facilitate alcohol and other drug

# ACROSS THE STATES



### Connecticut

Michael Kurland, MSPH

The Connecticut legislature recently passed new legislation regarding meningitis vaccination for students who live in university owned housing. Despite our insistence that we should first inform and encourage, as opposed to mandate, the public health committee passed the following legislation:

Substitute House Bill No. 5675 Public Act No. 01-93

An Act Concerning Meningitis Information and Vaccinations for College Students

Be it enacted by the Senate and House of Representatives in General Assembly convened:

(NEW) (a) For the 2002-2003 school year, and each school year thereafter, each public or private college or university in this state shall require that each student who resides in on-campus housing be vaccinated against meningitis as a condition of such residence. The provisions of this subsection shall not apply to any such student who (1) presents a certificate from a physician stating that, in the opinion of such physician, such vaccination is medically contraindicated because of the physical condition of such student, or (2) presents a statement that such vaccination would be contrary to the religious beliefs of such student.

(b) For the 2002-2003 school year, and each school year thereafter, each public or private college or university in this state shall (1) provide information about meningitis to all prospective students prior to their matriculation and include with that information notice of the availability and benefits of a meningitis vaccine, and (2) develop procedures for receiving and keeping a record of student vaccination status.

Approved June 6, 2001.

In preparation for the enforcement of this new law, UConn has taken several steps. We sent a

letter out to all incoming students, informing them of the law that becomes effective next year, and urged them to receive vaccinations now. We are working with Residential Life to coordinate this effort of obtaining information from 10,000 students and tying it to the housing contract. We plan to use a multi-media information dissemination campaign that will include letters, e-mails, websites, radio and television to avoid a catastrophe next year. We will be offering several vaccination clinics. The charge for the vaccination is \$75 and we bill directly to certain insurance car-We're now hoping that the State Department of Public Health will mount an information campaign to alert parents, students and health care practitioners.

### Massachusetts

Ian L. Wong, MPH

Massachusetts Department of Public Health Immunization Requirements for College Entry 2001 School Year\*

Hepatitis B: 3 doses for all health science students and all full time freshmen\*\*

Td: 1 booster dose if 10 years since last dose (No shortage of Td vaccine in Massachusetts)

MMR: 2 doses of measles; 1 dose mumps; 1 dose rubella

\* College immunization requirements apply to:
1) all full-time undergraduate and graduate students; 2) all full-time and part-time health science students; and 3) any full-time or part-time students attending a post-secondary institution while on a student or other visa, including foreign students attending or visiting classes as part of a formal academic visitation exchange program.

\*\* New requirement effective September 30, 2001: 3 doses of Hepatitis B vaccine will be required for all full-time freshman. It will continue to be required for all health science students (both full-time and part-time undergraduate and graduate). This requirement will be phased in incrementally and apply to sophomores in 2002, juniors in 2003, seniors in 2004, and graduate students in 2005. Serologic proof of immunity will be acceptable.

If you have any questions, please contact: Kristen.Noonan1@state.ma.us or Ian.Wong@state.ma.us

### New Hampshire

Margaret Smith, MA, LADC

Join, Participate, Laugh, Learn & Meet - For the past two years, I have had the wonderful opportunity to serve on the NECHA Board of Directors. The Board is a grand group who works very hard to address college health issues in the Region. I know how wonderful they are because as a new college health educator back in 1997, I attended my first NECHA Meeting in Worcester and gained a wealth of information that helped me as a new professional in the field. I e-mailed and 'talked' with many of the members of NECHA on a regular basis. I felt so much at 'home' with these strangers who quickly transformed into friends. As I grow older with wisdom (not in age! ha!), I rely on my NECHA colleagues for support, information, and ideas. We talk on listserves, e-mails, and (gasp) on phones. I learned what can work, doesn't work, and might transfer over to work at my college in the areas of health education and college health issues. To my NECHA colleagues, I cannot thank you enough for the assistance and joy you brought to my job in college health!

As I leave the college health field to begin teaching in Keene, I will remain part of ACHA and NECHA as an individual member because I do not want to lose such a wonderful network and resource. I hope to see many of you in Burlington for the Combined Annual Meeting in November — you can reach me anytime at msmith@keene.edu

### Vermont

Peter Nobes, PA

As my oldest daughter recently left for her first year at a New England university, the first year-parent experience has given me lots to think about. My role as a clinician in a university heath center frequently entails having phone conversations with parents (only following properly obtained consent, of course) who are worried about their child. We need to both impart information and at the same time try to be reassuring.

Much of the time we listen patiently as parents give background information about health history, which is of course important, since we don't have the benefit of knowing a student throughout their childhood and adolescence.

Although the idea of a mandated first semester health visit for every new student might be practical for some health services, for most it is not. For many health services, such as UVM's Center for Health and Wellbeing, the next best thing is the opportunity we have to review incoming student's health forms. Mandated immunizations or PPD records require review and compliance determinations. But beyond the date when MMR was given, the pre-matriculation health form seeks more about a student's health. Although challenging, having a system for form review is an important way that we can help as student's transition from home to college or university.

Health services may choose to keep lists, as health forms are reviewed, of incoming students with significant health issues. Knowing who has asthma or other chronic disorders can be helpful if you want to send reminder cards or make phone calls during your flu shot campaign. Diabetic students can be given "Sharps" containers for needle disposal. Students taking stimulant medication for ADD would benefit by a letter informing them of on or off-campus resources if they weren't receiving their medication from home. Even if your health service doesn't have a plan on how to target services to those who might need them most, at least an attempt at transferring the appropriate health issues onto a health center progress note or problem list will be a good way of raising the likelihood that the information isn't lost.

In our health center we developed what we call the "Red Flag" list, which initial health history form reviewers use to triage forms. Flagged forms receive a second review and usually some action. Whatever system works the best for your health service, the effect is worthwhile. When were seeing a new student for the first time we can acknowledge that we know something about them already.

And although such knowledge won't reduce the number of phone calls, the fact that we can discuss with parents, the reverence of their child's past history is only going to help raise their impression that their child is in good, although maybe far away, hands.

### NECHA Contributes to ACHA's Murray De'Armond Fund

The New England College Health Association recently sent \$500 to the Murray DeArmond Student Activity Fund of the American College Health Association. NECHA's gift to this fund will help build a foundation that will provide support for educational activities benefiting groups

of students at future ACHA Annual Meetings. The following is a letter sent to Thelma Lake acknowledging the contribution:

Dear President Lake,

I have just learned from Marthea Blewitt, ACHF Development Coordinator, that the New England College Health Association is now one of nine of the 11 affiliates who have contributed to the DeArmond Fund for students and that your Association now is a Distinguished Affiliate.

Please convey to the members of your affiliate my most hearty congratulations and thanks for their contribution and for what you all are doing for students. I am sure the students of your affiliate must be very pleased and happy for this affirmation that you care for them.

Gratefully and sincerely,

Lewis Barbato, MD, FACP Past President & Distinguished Fellow Emeritus

### Goings:

Message from Gina Baral, former health educator at MIT...

Hello all, It's with mixed emotions, both sadness and excitement, that I write to tell you of my recent resignation from Health Education at MIT Medical. I have recently accepted the position of Health Promotions and Outreach Specialist at Princeton University in New Jersey. I am originally from New York, so this is sort of "going home" to me. It has been a pleasure working with and learning from you all during my short time at MIT and with NEHEN. I hope that we can continue our work together in the future. My new number is 609 258-5036.

All my best, Gina



The NECHA Board of Directors gathered at the University of New Hampshire June 15 for their summer meeting. Discussion surrounded the possibility of creating a new institutional membership category in NECHA. (See following proposed by-law change on page 2,) a review of the 2001 budget, philanthropic endeavors, and creating a strategic plan for the future of NECHA. Special thanks to Gladi Porsche for hosting the meeting on the day her son graduated from high school!

### Career Opportunities

continued from page 4

education programming specific to the needs of the student populations they serve

- 6. Facilitates and mentors an education and prevention student advisory group. Designs and organizes all aspects of a student alcohol and drug peer advisory group including securing locations, scheduling presenters, development of the training manual. Recruits, trains and supervises student Drug and Alcohol Peer Advisors. Provides post-training follow-up and support to students who have completed Drug and Alcohol Peer Advisory training.
- 7. Serves as a resource to peer education and student based groups around issues of alcohol and other drugs. Participates in the training for the Eating Disorder and Sexual Abuse Peer Advisors by presenting on the topic of alcohol and other drugs. Participates in the training for the Peer Education Action Corps (PEAC) curriculum by presenting on alcohol and other drugs.
- 8. Serves on committees charged with examining, developing, designing or incorporating alcohol and other drug education and prevention programs into various campus areas, department, programs, or organizations. Serves as a member of the College Committee on Alcohol and Other Drugs, charged with initiating policies and programs on alcohol and other drug issues. Represents both the health Service and Dartmouth College at regional and national meetings, conferences and task forces.
- 9. Hires and supervises a part-time Alcohol and Other Drug Administrative Assistant and Interns.
- 10. Performs other duties as assigned. Send resume, cover letter and a list of three references to: Gabrielle Lucke, Dartmouth College Health Service, 7 Rope Ferry Rd #6143, Hanover, NH 03755.

### Deadline for the NECHA Winter Newsletter is Friday, December 7.

Submissions are always welcome!
The NECHA newsletter is published three times per year with its Fall, Winter,
Spring/Summer issues.

For more information, contact: Julie Basol, Newsletter Editor <u>jnbasol@together.net</u> 802 425-3936

### ACHA and NECHA Welcomes New Members in 2001

As steps are being taken towards a NECHA Affiliate Institutional Membership, we welcome several new names to the ACHA Region V membership this year. New Members - Please join us in Burlington to meet your colleagues from around New England!

### Connecticut

Trinity College
Kathy Groff
Wesleyan University
Lisa A Currie

### Massachusetts

Assumption College
Virginia E. Parry
Emerson College
Barbara Inskeep
Mount Ida College
Linda McDermott
Roxbury Community College
Ruth Hines
Simon's Rock College of Bard
Sylvia J Tuller
Springfield Tech Comm College
Kathy Goodale
Wellesley College
Vanessa Britto
Amy K Veale

#### Maine

Unity College
Andrea Wateman
University of Southern Maine
Patricia E Ciampi

#### Rhode Island

Brown University
Lisa Turner
Deborah Nagle
Monica Kunkel
Providence College
Gaetano J Ferrante
Kirk A Brague

### Massachusetts STD Survey Results

A survey of all colleges in Massachusetts was conducted in the spring of 2001 by the Massachusetts Department of Public Health, Division of STD Prevention. The survey focused on identifying the extent of clinical/treatment and prevention/education services for sexually transmitted diseases, including chlamydia, HPV, HIV, herpes and several others, to students attending college in Massachusetts. 67 of the 89 institutions surveyed responded. The sample included 14 state, 42 private and 11 community colleges.

91% (61/67) of the respondents have a student health center on campus. Of these, 86% (53/61) offer services related to STDs. Services at these centers included diagnostic testing (83%), clinical screening (screening based on risk in the absence of symptoms) 75%, one-on-one counseling for STDs including HIV (94%), and STD treatment (74%).

In addition, most health centers indicated the capacity to collect STD specimens and arrange for laboratory services (either on-site or outside). Rates for this service were highest for chlamydia, herpes and gonorrhea (83%). However HIV testing was low (47%). Health centers indicated that STD testing was performed primarily on request by the student (87%). In addition, 96% of the student health centers provide free condoms for prevention.

This services profile shows that most colleges are making STD clinical services available to their student populations. When services are not provided on campus, students are being referred to local physicians, health centers and state clinics. However, other clinical services relating to STD prevention were less likely to be reported at all. Most schools rely exclusively on urging students to notify partners of possible exposure to an STD (up to 89% of institution depending on the STD). Highest reported rate for use of Health Department notification was for cases of syphilis (30% of respondents) and for gonorrhea (26% of respondents). In addition, most health centers state that they do not report STDs to the Department of Public Health (65%).

Schools responding to questions regarding prevention (55 respondents) provide a wide range of educational activities for STDs, including flyers (96%), one-on-one counseling in the health center (92%), posters (87%), health fairs (81%), lectures during semester (75%), peer education ((64%), messages in student newsletter (54%), orientation presentation ((50%), orientation package (32%), and as part of a web page (32%). The rate of delivery of comprehensive STD prevention is very similar to that for HIV prevention and education.

Only 44% of schools responding (27/61) indicated a working relationship with their health department or community organizations. When asked how MDPH might help schools to change, expand or improve services 90% (55/61) indicated a need for educational materials for students, 72% (46/61) for educational materials for staff, 64% (39/61) for in-service education and 54% (33/61) for assistance with laboratory services.

### Questions

about your membership, ceu credits, upcoming events, how to submit an article for the newsletter?

Contact:
Julie Basol
NECHA Administrator
741 Hand Road
No. Ferrisburgh, VT 05473
802 425-3936 ph
802 425-5507 fax
jnbasol@together.net

The Division would like to hear directly from those surveyed regarding their needs. Clinicians working on campus may wish to contact the STD/HIV Prevention Training Center of New England, which is part of the Division, to obtain clinical training schedules. The training Center's number is (617) 983-6945. For educational presentations, educational materials and technical assistance in curriculum and training development, schools may wish to contact the Director of Education, Christie Burke, at the Division of STD Prevention at 617-983-6940 or (toll free) at 866-749-7122.

# Ten Steps to Getting the Most out of the Combined Meeting

Register Early!

- → Obtain your hotel room by October 8 for the best rate
  - Visit www.churchstmarketplace.com to learn more about downtown Burlington!
    - Select your item to take part in the Yankee Swap
      - Sign up for your CEUs in advance on your registration form
        - Bring your favorite Web site on a 3x5 card
          - Visit all the exhibits on Thursday and Friday
            - Make a point of welcoming first time attendees
              - Discover downtown Burlington and the Waterfront
                - Mark your calendar for CT'O2 November 6-9!



Burlington's Church Street Marketplace

