Spring/Summer 2004

new england college health association

President's Message



Carole Worsh, APRN-BC, ANP

ONE PERSON AND A LITTLE TIME
CAN MAKE A DIFFERENCE

As a people and a country, we find ourselves amidst continuing challenges and complexity on the world stage. On television just the other day, I watched four women who lost their husbands on 9/11 share some of what they have learned since that tragic day. Each of them has become more involved politically than ever before, as they helped create the National 9/11 Commission. In describ-

ing such life-altering experiences, one woman said, "I learned the importance of being active and involved – otherwise decisions that deeply affect your life are made by others."

This year, on behalf of the Board of NECHA, I invite you to be involved with our organization. Volunteers are the lifeblood of our organization. The ways you can be involved are numerous and diverse. Even a *small* contribution can make a *huge* difference. The time involved may be far less than you might think – and the personal and professional rewards, far greater.

What are some of the benefits of increased participation? And exactly how does one get involved? Let me try to address both questions.

The most immediate benefits include participation in a larger and multidisciplinary support system. Getting involved expands networks, provides new opportunities for connection, and maintains or develops professional contacts and support systems. Opportunities are plentiful for continuing education, developing new skills, meeting new people, contributing to a "greater good," and becoming an integral part of our professional organization. We are always interested in improving ways to identify and meet the needs of our diverse membership.

Networking, mentoring, programming, advocating, communicating, sharing ideas, and sharing information and/or frustrations... these are but a few of the ways we invite you to join in! In considering how to become involved, it may be helpful to know that numerous opportunities exist at the *local*, *regional* and *national* level.

Local - Networking Networks transmit information more quickly and are more energy-efficient than any other process. Become part of a networking group, if one exists in your area. If not, consider starting one.

Some examples of local networking groups are:

- •College Health Association of Nurse Directors (CHAND) Contact: Robin McNally – rmcnally@clarku.edu
- •New England Health Educators Network (NEHEN)

 Contact: Elise Phillips elise.phillips@simmons.edu
- •Tri-State Consortium (RI, CT, and MA)

 Contact: Elizabeth Cotter bcotter@bryant.edu

REGIONAL - New England College Health Association (NECHA)

- There are opportunities for involvement at all levels. This is a great way to test the waters, gain a better understanding of the organization, and help you to decide if you might want to run for office on the NECHA board.
- •Participate in the Annual Fall Meeting present a program or poster session, volunteer to introduce a speaker, or serve as a room monitor.
- •Serve on a Committee program planning, membership, awards, grants.
- •Contribute to the Newsletter simply a paragraph or two about your health service, a successful program you've sponsored, your student health advisory board or peer educator program, recognizing a colleague's accomplishments or honors, or news about your local networking group.

NATIONAL - American College Health Association (ACHA) -

There are numerous task forces, committees, and sections that offer opportunities for involvement based on discipline and/or areas of interest. ACHA is always looking for ways to involve its members in activities that encompass a broad scope of college health issues. Not only will you be contributing to the advancement of college health, you will also have the opportunity to work with colleagues from across the country.

If you plan to attend the ACHA Annual Meeting in New Orleans next month, I encourage you to attend a task force or committee meeting. This is a great opportunity to learn about the work they are doing. All meetings are open to the public and the schedule is listed in the program.

(continued on page 4, President's Message)

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

Margaret Mead

Yolanda Baumgartner to become ACHA Fellow

Long time NECHA enthusiast, Yolanda Baumgartner, MBA, will receive her due recognition at the upcoming ACHA Meeting in New Orleans. Yolanda has been a part of college health scene at Dartmouth College for many, many years and has made significant contributions to the school. Beyond the campus, however, she has played an important role in contributing to college health on the regional, as well as national level.



Y. Baumgartner, MBA

Her involvement with NECHA includes: Serving on the board from Member-at-large to President and Region V Representative to ACHA, serving on NECHA Committees including by-laws, membership, and program planning, initiating a grant program, and developing

a NECHA Board Listserv. Yolanda was NECHA's 2001 President's Award recipient.

Through ACHA, Yolanda has presented, presided, and planned. She has served as Chair of the Administration Section, reviewed standards for student health insurance programs, served on the diversity committee and GLBT subcommittee.

Her nomination said it best: ...Yolanda is someone who combines strength and generosity in her commitment to others. She is always willing to share her expertise with others in the field and serves as a mentor to many professionals in college health. We can recall many instances when we have called upon Yolanda for assistance-she always came through, provided excellent information, advice and support. She is a true professional, an asset to our profession and an exceptional friend, colleague, and human being.



Ellen Reynolds, MS

Congratulations to URI Associate Director, Ellen Reynolds Chosen for ACHA's 2004 New Professional Award

Ellen Reynolds was recently chosen to receive ACHA's 2004 New Professional Award for New England. She will be recognized at ACHA's Annual Meeting during the Awards/Fellows Dinner on Thursday June 10. URI has been very fortunate in having Ellen join them. The following is part of a nomination letter written by Director Chad Henderson. You can read the letter in its entirety on line at www.nechaonline.com.

....As Associate Director of the Pauline B. Wood Health Services at the University of Rhode Island, you have distinguished yourself through exceptional professional knowledge, management acumen, and superb leadership since joining the staff in January 2003. You brought a wealth of knowledge and management acumen to the position of Associate Director. You have quickly developed a sound grasp of the issues and opportunities for improvement that exist. Your positive nature and total dedication to meeting the needs of our patients and incorporating staff in the process are keys to your success. You are eager, willing, and complete tasks promptly and with superb accuracy. You are incredibly diligent in assessing an issue, developing a plan, and then executing the plan with aplomb....

You can shift gears and handle multiple tasks simultaneously. Your analytical skills are remarkable; you question existing processes and readily identify opportunities for improvement. You listen, then filter, sort, and evaluate developments before acting in a timely manner. Your communication skills are unsurpassed. Whether dealing with a student in need or helping a staff member with a difficult task, you coach and mentor, while remaining on-point and straight forward in addressing any situation.

You are an outstanding addition to the Health Services team, the University family, and the college health profession. You are always positive in your approach, eager, and dedicated to the students and the mission of both Health Services and the University. You are an absolute delight to work with and your contributions have only begun.

Your professionalism, ability to take an idea from concept to completion, to work collaboratively as a team, and to manage and lead with aplomb make you a deserving recipient of the ACHA Affiliate New Professional Award representing the New England College Health Association.

BOARD MEMBER AND AWARD NOMINATION DEADLINE EXTENDED TO TUESDAY, JUNE 1 ~ ACT NOW!

~ Seeking New NECHA Board Members ~

The Nominating Committee is seeking nominations for the following positions:

President-elect - Secretary - Treasurer (1-year positions) Members-at-Large (2 positions for two years)

We are seeking candidates with strong leadership skills and commitment to college health.. Nominations must be current members of NECHA/ACHA. Please forward a letter of nomination - by Tuesday, June 1 - that includes nominee's:

Biographical information Summary of participation in NECHA/ACHA Special attributes and professional accomplishments Nominee's name, title, e-mail and phone number

Louise Gazzara & President's Awards

Nominations for the 2004-05 NECHA President's and Louise Gazzara Awards have been extended to Tuesday, June 1. For a nomination application, contact Peter Nobes, PA, Nomination Chair.

The Awards Committee will meet over the summer and recipients will be chosen in the early fall.

Registration fee for NECHA's 2005 Combined Annual Meeting will waived for both recipients.

For more information, click on 'Awards' at www.nechaonline.com.

Board Member Nominations and Awards Nominations are to be sent to:

Peter Nobes, PA, Nomination Chair University of Vermont Center for Health & Wellbeing 425 Pearl Street ~ Burlington, VT 05401

Changing Minds Mental Health Conference Recap

NECHA Co-Sponsored Event has hopes for annual conference

Adam Wendell Tewell

On Saturday, April 3, about 50 students, faculty, and administrators from Pine Manor, Vassar, Wesleyan, Brown, Trinity, The University of Hartford, and The University of Connecticut convened at Trinity College to discuss mental health issues on college campuses.

The conference featured three panels and a discussion group, with speakers from Trinity College, The University of Hartford, and the Hartford mental health community. The first panel, *Integrating Mental Health into the College Campus*, produced a lively discussion from both students and speakers. Many of the questions centered around the proper way for counseling centers to approach students on mental health issues and how to reach a greater number of students on campus.

Trinity College panelists included Randy Lee, PhD from the Counseling Center; Dean Ann Reuman, Adwoa Dadzie, Resident Advisor, and Margaret Lindsey, Director of First Year Programs. Lisa Wyatt, PhD, Director of Counseling and Susan Fitzgerald, Assistant VP for Student Health and Wellness, both from The University of Hartford joined the panelists as well.

The second session, Race, Gender, Spirituality, Sexuality and Mental Health, looked at a myriad of issues that can impact a student's mental health. The panel featured speakers from Trinity College including the college Chaplin, the Dean of Multicultural Affairs, Professor Laurel Baldwin-Ragavan, and Dr. George Higgins, former Head of the Trinity College Counseling Center.

The third panel, *Depression, Eating Disorders and Substance Abuse*, featured private practice psychiatrist, Dr. Ann Price, substance abuse counselor Paul Beebe from St. Francis Hospital's Stonehaven clinic, Ellen Dornelas, PhD from the Hospital's preventive cardiology unit, and Paula Holmes, APRN from the Institute of Living, and Trinity student Leah Brennan. This panel was packed with tons of interesting information about the three topics of discussion.

Over lunch there was discussion about student advocacy on college campuses. The general consensus was that more advocacy needs to be done and a collaboration is needed between schools. Hopefully this conference will prove a first step in that direction.

As the conference ended, plans were already in the works for forming a consortium of schools to organize another conference like this again next year. The Conference organizers would like to thank the New England College Health Association, the speakers, the attending schools, and Trinity College for their generous support.

COLLEGE HEALTH NURSE CERTIFICATION IN JEOPARDY

For the past several years, leaders within ACHA's Nursing and the Nurse-Directed Sections have been working with the American Nurses Credentialing Center (ANCC) regarding college health nurse board certification. In recent years the number of RNs taking the College Health Nurse Exam offered by ANCC has dropped considerably. ACHA nursing leaders and ANCC have discussed various options in an effort to change eligibility requirements for the certifying exam (currently only open to nurses possessing a BSN). ANCC did not change the eligibility requirements.

Based on financial considerations, ANCC recently notified ACHA that because of the continued low number of candidates, the College Health Nurse Exam would only remain available through the end of 2004. There is still time to take the College Health Nurse Exam for BSN degreed nurses. Visit the ANCC Web site (http://www.nursecredentialing.org) for details.

EXAM DATE October 23 APPLICATION DEADLINE June 18

We hope to have additional information available for you at our ACHA Annual Meeting in June. We will also share information and developments with you electronically as they become available. For more information, contact:

Dorothy Kozlowski, ACHA liaison to ANCC, at dk10@rci.rutgers.edu

NOW Renew Your NECHA AIM Membership and get a FREE Resource Book
THEN Get reduced registration rates for ALL colleagues at Portsmouth 2004!



Membership Application 2004

Affiliate Institutional Membership (AIM)

Applying for a NECHA membership is easy! NECHA Fed ID # 23-7132676

1. Complete all required information on this form

2. Return this completed form with your payment to: **New England College Health Association** 741 Hand Road Date of Application No. Ferrisburgh, VT 05473 \$50/institution Ph: 802 425-3936 F: 802 425-5507 e-mail: jnb@gmavt.net Institution: Preferred Degree: Position / Title: Mailing Address: _____ City: _____ State: ____ Zip: ____ E-mail Address: Secondary Contact: ______ Phone: _____ • # of staff members at my health center: ____ full time; ____ part time; ____ per diem

• My health service reports to (department): _____

Across The States, cont...

will be valuable information so that we can grow from the success and challenges experienced by one another.

RHODE ISLAND

Lynn Wachtel, FNP

University of Rhode Island conducted a Medication Dispensing exercise on April 2. The mock drill's agenda, to dispense pharmaceuticals during an emergency, was carried out with the assistance of the Pharmacy and Nursing Departments as well as a number of community volunteers and the Department of Health. Preparation for this event was in the planning stages for months and is expected to be a model for the state of Rhode Island.

In other news, Paula Carroll has been named as the new Assistant Health Educator at Bryant College. Beginning her position last November, her position encompasses a wide array of wellness related duties including: overseeing the Peer Educator Group, conducting evening workshops on health related topics, facilitating the Tobacco Reform Policy Committee, providing one hour wellness consults, and collaborating on a variety of projects with other departments, groups, and faculty. Paula received her undergraduate degree from Bryant College in 1988, and a master's degree in Health Promotion from Bridgewater State College in 1997.

Through the years she has conducted wellness seminars, workshops, and support groups in many settings including: workplaces, the community, elementary schools, and high schools.

Paula is very creative, energetic and enthusiastic. She works with Jennifer DiPrete who is the Health Educator/Wellnesss Center Coordinator. Together they are a dynamic team!

VERMONT

Peter Nobes, PA

Dr. Victor Sidel, founding member of the Physicians for Social Responsibility and professor of social medicine at Montefiore Medical Center and Albert Einstein College of Medicine, was a recent guest lecturer at UVM. In his lecture, *The Unhealthy State of Public Health*, Sidel discussed how today's political priorities, especially emphasizing military and counterterrorism initiatives

such as smallpox immunizations, have directly affected funding that might otherwise be directed to public health initiatives such as child and maternal health and preventive programs directed at common health problems.

Listening to Dr. Sidel, I thought how we sometimes lose sight of a central mission of college health, and that is, to be leaders on our campuses as experts in public and social health. I encourage you to refer to www.apha.org to learn more about Dr. Sidel and the American Public Health Association.

Regarding comings and goings in Vermont, Kathleen Ready has left Middlebury College after several years directing the Parton Health Service. New director, Dr. Mark Peluso, reports the health service has relocated to a remodeled building close to the athletic campus. He adds that they hope to conclude a search for an associate director soon. Up Rt. 7 in Burlington, Dr. Marc Sopher has joined the staff at UVM, serving as staff physician with responsibilities in Athletic Medicine. Dr. Sopher, who was a family practitioner for 15 years in the Exeter, NH area, has a special interest in the Mindbody Syndrome, which focuses on emotionally induced pain syndromes based on the teaching of Dr. John Sarno of NYU's Rusk Institute of Rehabilitative Medicine. More about Dr. Sopher's work can be found at www.tms-mindbodymedicine.com.

Besides the upcoming ACHA Annual Meeting in New Orleans, and of course, the NECHA meeting in Portsmouth this coming November, a couple other educational opportunities coming soon include the spring mini-meeting of the Vermont Academy of Physician Assistants April 30 at the Woodstock Inn. More can be found at www.paav@sover.net or by calling 603 643-2325. Finally, competing against the Burlington Jazz Festival this June is the 30th annual Vermont Family Practice Review Course June 9-12. More about this popular course can be found at http://cme.uvm.edu.

Wellness must be a prerequisite to all else.
Students cannot be intellectually proficient if they are physically and psychologically unwell.

Ernest Boyer

Job Posting

TUFTS UNIVERSITY-MEDFORD CAMPUS

Alcohol and Drug Prevention Services Health Services 124 Professors Row

Medford, Massachusetts

<u>Title:</u> Alcohol and Drug Specialist 17.5-21 hours per week, academic year late August through May, Benefits Recruitment & interviews - Spring, 2004; Position begins August, 2004

<u>Description:</u> Join a small but dynamic college alcohol and drug prevention and intervention program.

- Evaluate patients with alcohol and drug concerns;
- Conduct individual and group sessions related to substance use, misuse and abuse;
- Keep current with latest research and approaches; implement proven counseling and support strategies;
- Work closely with Judicial Affairs to provide evaluation to mandated students;
- Serve on committees, as assigned, to develop plans for addicted patients and students in recovery;
- Consult with Health Services and Counseling Center staff as needed;
- Collaborate with program Director on science-based educational and programmatic activities;
- Participate in conducting program strategic planning and implementing that plan; attend weekly staff meetings of the AOD program as well as Health Services general meetings, as available;
- · Market program offerings, as determined
- · Additional activities, as assigned

Requirements:

- Masters degree in psychiatric nursing; counseling and/or social work
- Experience working in the substance abuse field
- Knowledgeable about brief motivational interviewing, crisis intervention and campus alcohol and drug usage
- Team player, innovative planner, skilled trainer a plus
- Excellent writing and communication skills needed

To apply:

Please apply online by accessing "job opportunities" on the Tufts Web site: www.tufts.edu

Questions, contact:

Margot E. Abels, Program Director - 617.627.3861 or margot.abels@tufts.edu.

NECHA Annual Meeting





"S" Lady to Address Portsmouth 2004 Dr. Linda Hancock to Keynote '04 Meeting

We are pleased to announce the first of two general session speakers for Portsmouth 2004! Linda Hancock, RN-C, FNP, PhD, has graciously agreed to join us as the keynote speaker on Wednesday, November 3. Her easy-going style will fit right into New England's Meeting.

With Hancock's extensive college health background, we'll set voyage in Portsmouth and she'll help us all to better *navigate our way to college health*.

Dr. Hancock is a Family Nurse Practitioner who has provided health care to students at Virginia Commonwealth University since 1987. Through her clinical work with college students, she has developed numerous prevention education programs. Linda has done all the "S's." She started as the "Sex Lady." She then worked in "Substance Abuse Prevention." She is currently the "Smoking Cessation Guru" at VCU and directs several grant projects dealing with "Social Norms."

Linda's specialty is making science user friendly and fun. Her high energy and lively sense of humor have made her a popular national speaker. Her programs rely on the use of humor and understanding of how media images and norms have impacted health behavior. She holds a Bachelors of Science in Nursing from the University of Maryland, a Masters in Community Health Nursing, and a PhD in Education from Virginia Commonwealth University.

The author of *Tobacco Use Reduction Guide for Colleges and Universities*, Hancock is the chairperson for the Virginia College Coop for Tobacco Use Reduction. She has written several book chapters and articles pertaining to social norms and tobacco. In May 2003 she became the first national recipient for the Henry W. DeJong Award for Vision and Leadership in Collegiate Tobacco Use Reduction.

Set Your Sails to Portsmouth

Not everyone has the budget or opportunity to get JAZZED up for New Orleans, but fear not - we're providing an outstanding Annual Meeting right here in New England. With Dartmouth's Charley Bradley at the helm, Portsmouth 2004 is shaping up quite well.

We're planning two Pre-Meeting Workshops for Wednesday morning (Nov. 3) and more concurrent session time frames than ever before! Sessions include topics on:

- Public Relations
- Fad Diets & Obesity
- Contraceptive Update
- Migraine Headaches
- Women & Alcohol
- Confidentiality Issues
- Telephone Triage
- Ins & Outs of Body Art
- Student Sleep Deprivation
- and more!

~ New this Year ~

Administration
Roundtable Discussion
for the college health
professional who wears
many, many hats!
Visit our Web Site for further details
throughout the summer.
www.nechaonline.com

Get the lowest registration rate - renew your school's NECHA AIM Membership today! See pg. 7 for details.

~ Still Wanted ~ LA Committee Members

With the more serious side of planning complete, we can now focus on the truly fun part of the Annual Meeting. Contact me if you would like to join the Local Arrangements Committee and help us decide banquet entertainment, after-Meeting activities - perhaps a midnight run to L.L. Bean?

Julie Basol jnb@gmavt.net

* * * * ACROSS THE STATES * * * *

CONNECTICUT

Aliza Boritz, Campus Coordinator Governor's Prevention Partnership 860 523-8042 ext.33

Aliza.Boritz@preventionworksct.org

The Governor's Prevention Partnership, through Campus Partnership, is beginning a three-year collaboration with the Department of Mental Health and Addiction Services (DMHAS), the Connecticut State University system, and the University of Connecticut-Storrs campus. This project is made possible by the State Incentive Grant-Enhancement (SIG-E) awarded to DMHAS. Connecticut is one of only 3 states given this funding to address AOD issues among 18-25 year olds.

The project will employ a two-pronged approach for addressing alcohol and other drug prevention on the five campuses. The first element of this project stems from the April 2002 report by the National Institute of Alcohol Addiction and Alcoholism, which emphasizes the importance of creating an environmental approach to reducing the occurrence and negative effects of AOD use on campuses by utilizing the 3-in-1 framework their report created. Utilizing evidence-based programs such as individual early interventions, social norms marketing, and community/campus coalitions, the Campus Partnership will provide technical assistance and training for the implementation of customized and effective AOD prevention programs on the five campuses.

Secondly, The Campus Partnership will coordinate the implementation of a state-wide campus learning community that brings together Connecticut's campuses to share knowledge about and support each other in AOD prevention activities and initiatives. Further, it will provide a forum for trainings and the dissemination and discussion of new research and statistics.

This is the beginning of a very exciting project for The Governor's Prevention Partnership and The Campus Partnership! If you would like more information on SIG-E or to learn about the host of technical assistance and training offerings, please contact me. You may also learn more by visiting the Web site at:

www.preventionworksct.org

Created in 1989, The Governor's Prevention Partnership based in Hartford, Connecticut is a not-for-profit partnership between state government and business leaders. The mission of the organization is to keep Connecticut's young people safe, successful and drug-free.

The organization has worked to achieve these goals by creating three statewide partnerships and two statewide coalitions that build the capacity of schools, colleges, community, organizations, police departments, businesses and municipal governments to create and sustain their own prevention programs. These partnerships/coalitions include the Connecticut Mentoring Partnership, the Connecticut Coalition To Stop Underage Drinking, the Media Partnership, the Safe Schools and Communities Coalition, and the Campus Partnership.

MAINE

Jeff Benson, MD, MPH

Collaboration between Maine College Health and the Maine Bureau of Health has begun and has already shown promise. Working together at Legislative Hearings for state-wide meningococcal vaccine policies, we were able to keep the mandate limited to ACIP recommendations: providing information about the risk of meningococcal meningitis among college students and about the availability, benefits and risks of meningococcal vaccine. A small group from both organizations are now putting the final touches on an informational brochure, to be sent out each spring to all incoming firstyear college students throughout the state. Next year, we're hoping to broaden the scope of this brochure, and include other important issues in college health.

The Maine College Health Association held its Annual Meeting April 23 in the Bangor area. We brought ever-popular Sid Hurlbert back East to lead a morning workshop. Afternoon sessions focused on "Cutting and Other Self-injurious Behaviors" and the meningococcal vaccine brochure. A new slate of officers were duly elected, including Dr. Melanie Thompson from Colby as new MCHA Board President.

NEW HAMPSHIRE

Charlene Bradley, RNC

New Hampshire is where "it's" happening. "It", of course, is the 2004 NECHA Annual Meeting, when we'll be *Back on the Coast: Navigating Your Way through College Health*! I can just see the waves (of excitement) and feel the ocean breezes (OK, so it's the Sheraton Harborside's air conditioning) as I prepare for the journey ahead.

I can't begin to tell you how honored I am to be able to work with the crew (Program Planning Committee) and First Mate Julie (Basol) preparing to make this voyage one of the best ever! Thanks to everyone who submitted program proposals. As Program Planning Chairperson (Julie calls me Captain), I am thrilled at the response and at the level of expertise that we have in college health here in New England.

You may have noticed that the Meeting this year will be held Wednesday-Friday (November 3-5) this year. These days of the week are a little different for us but we believe they'll work well. If you decide to stay into the weekend, there is a myriad of things to do in Portsmouth and the surrounding towns.

So, mark your calendar now and do whatever boating you want this summer - but be prepared to hoist your sails and catch as much wind as you can to make it to Portsmouth this November! We'll be ready for you!

In other news.... For the last few months there have been several postings on the SHS listserv. about use of electronic medical records (EMR) and electronic scheduling. In early April several health service staff from the University of New Hampshire traveled to Hanover and met with health service staff from Dartmouth College to exchange information and ideas about the Point and Click system both schools are utilizing. The opportunity to meet and discuss concerns with colleagues from another school gave each of us some new ideas. It is always beneficial to network with others, not only to share the excitement, but also to share the frustrations and concerns.

As more schools enter the EMR arena, identification of others using similar programs

(continued on pg. 6)

President's Message, cont.

AWARDS Help us recognize and honor a colleague by nominating him or her for one of the numerous ACHA or NECHA awards...a college health professional who has made exceptional contributions to the associations, the field of college health, or to their own health center and campus. NECHA is currently requesting nominations for two awards:

- •Louise Gazzara Award This award honors a college health nurse who has made outstanding contributions to her/his college or university, the profession and/or NECHA.
- •President's Award Recognizes the contributions to college health by an individual working in the field from the New England states. The individual selected should have made significant contributions to the students they serve as well as their institution, community, and the field of college health and are recognized as creative, innovative, dedicated leaders and mentors known for their sharing and caring.

Nominations are due by June 1. To nominate a candidate please see page 2 in this newsletter or visit www.nechaonline.com to learn more.

Information about the ACHA awards can be found at www.acha.org and nominations are generally due in early December.

Your contributions of time, no matter how small, can make all the difference to our profession and our colleagues. Please consider getting involved. Feel free to contact any of the Board members to let us know of your interest.

Carole Worsh, APRN-BC, ANP 2003-04 NECHA President Director, Health Services Pine Manor College worshcar@pmc.edu

CALL FOR NECHA GRANT PROPOSALS

The purpose of this Grant Proposal Program is to promote participation and connectivity within the New England college health community.

The Board invites ACHA Region V members and those from NECHA AIM institutions to propose projects at grant-funded levels up to \$1,000. The total number and size of awards will be based on merit, need and the number of proposals received. Grant projects should produce benefits with wide application for college health. Proposals which involve multi-institutional collaboration, networking, and student participation to address shared concerns are especially encouraged.

The due date for proposals is October 15, 2004. Awards will be announced at the Annual NECHA meeting in Portsmouth, NH, November 3-5, 2004. Grant recipients should plan to present project results at the NECHA meeting in Fall 2005.

APPLICATION PROCEDURE

The topics to be included in the proposal are listed below. The narrative should not exceed three pages with double spacing.

- Identify the NECHA member responsible for the grant project, including the member's organization, address, phone and fax numbers.
- 2. Provide a statement of need and the project's objectives.
- 3. Describe proposed activities, including timetable and anticipated outcomes.
- 4. Identify other participants and their roles on the project.
- 5. Include an evaluation component-how will the project gauge its success?
- 6. Provide a budget that shows the amount requested and how funds will be used.
- 7. Attach a copy of the organization's IRS tax-exempt letter and the tax I.D. number.

Send 6 sets of the proposal postmarked no later than October 15, 2004 to:

Att: Bryant Ford, PhD Chair, NECHA Grant Committee Dartmouth College 7 Rope Ferry Road Hanover, NH 03755-1421



Submissions are welcome for the NECHA News Fall issue. Deadline for submissions is August 1 For more information contact Julie Basol, jnb@gmavt.net.

NEHEN News

NEHEN met as a group late at the University of Hartford. Much of the meeting was devoted to on-campus happenings including speakers and programs occurring on various campuses this spring. Another important feature of the meeting was a brainstorming of sessions that the health educators would like to see presented at NECHA '04. Denise McGoldrick and Donna Denelli-Hess brought those suggestions to the Annual Meeting Planning Committee in March. We are pleased that many of the topics made their way into the fall program. Some of our very own NEHEN members will be presenting in November.

Save the Date for the next NEHEN meeting to be held on May 21st at Williams College. For more information about the meeting contact Donna at ddenelli@williams.edu.



new england college health association

741 Hand Road No. Ferrisburgh, VT 05473 www.nechaonline.com (return service requested)

RENEW YOUR NECHA AIM
MEMBERSHIP TODAY!

Back on the Coast! Nov. 3—5

2003 - 2004 NECHA BOARD OF DIRECTORS

PRESIDENT

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PRESIDENT-ELECT 2004 ANNUAL MEETING PROGRAM CHAIR

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ACHA REGION V REP (02-04)

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* = year one of a 2-year term

** = year two of a 2-year term

*** = year one of a 1-year term