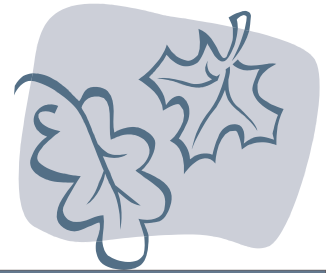




News



new england college health association

PRE-MEETING ISSUE

Fall 2006



Charlene Bradley, RNC
(Charley)

MESSAGE FROM THE PRESIDENT

When I began working in college health several years ago, I was first introduced to all the different departments at the health service. I recall some of the real (or perceived) physical/territorial boundaries that existed between the departments. At the time, it seemed that staff from each department was expected to remain within the physical bounds of his/her respective department, and certainly not get involved in the goings-on of another area.

Thankfully over the years, things have changed ... dramatically, and I believe the change has been very positive.

Some years ago, the charge for the year at our health service was "collaboration". According to The American Heritage Dictionary, Second College Edition, 1991, *collaborate* means to work together, especially in a joint intellectual effort. Fortunately most staff members began to see the benefits of working together. Multidisciplinary teams and committees were formed that allowed discussions and actions that were much more inclusive with all aspects of the health service. Dramatic results of collaborative efforts involving the nursing department include the expansion of nurses' role in the care of students in psychological crisis and in the care of students' medical needs when other providers are not available on site.

At the Dartmouth College Health Service, we have nurses available 24/7 and collaboration among departments is apparent around the clock as well. In the past three years, nurses have received specific training in counseling issues, specifically in crisis assessment. We have had numerous formal opportunities to role play a student in crisis, working very closely with counseling staff to properly assess the student and our response. With the leadership and guidance of the counseling staff, we have been able to expand our knowledge and develop our skills to be more effective in a crisis situation. With on-going support and unlimited availability of the counseling staff, nurses are now considered a vital part of the mental health team and are more confident with every interaction.

Collaborative efforts between nursing and our primary care/preventive medicine department have improved. Nurses continue to feel more a part of the greater health service team and more confident in their physical assessment skills. Nurses are encouraged to use their knowledge and skills to perform an assessment and discuss findings with a provider, if appropriate. Review of the assessment findings is extremely valuable in evaluating the strengths and weaknesses of the nurse.

Although it may seem that the nurses have simply assumed additional responsibilities, the reality is that we have all gained from our collaborative efforts. Most notably, we have an increased respect for one another, increased self-confidence, improved job satisfaction, and recognition of/appreciation for the abilities and daily expectations of those in other departments. It is immensely rewarding to be asked our opinion on what we think may be going on with a particular student. To be included in discussions about appropriate treatment and disposition is something that should be happening between professionals, but I know is not the routine in many health services. As I have listened to nurses and other health service staff throughout New England and around the country, I frequently hear stories of dissatisfaction and underused knowledge and skills. I encourage each of you, regardless of your discipline, to be creative and collaborative in your health service. Tap into the skills and abilities of those outside of your specific area of practice. Strive to make your job more satisfying, and as a result, create a more positive atmosphere for your students.

One of the most successful examples of collaboration within the Dartmouth College Health Service becomes apparent every fall when we offer flu vaccine clinics for students, faculty and staff. Over the course of five clinics, we give flu shots to over 2,200 individuals. Staff from every department within the health service assist at each clinic in one way or another. From business office staff to x-ray technologists, unit techs to pharmacy techs, administrative assistants to medical assistants, and nurses to mid-level providers and physicians, we have created a remarkably efficient system that not only accomplishes the task at hand, but is actually enjoyable for all ... even those receiving their vaccine! It gives me great pride to tell people outside of our health service that here we all work **with** one another, and not **for** another.

College health services continue to improve and fortunately, our efforts to work more collaboratively within the larger health service have been rewarding. I encourage you to consider the possibilities of collaborative efforts with other departments at your health service for improved professional satisfaction, your personal satisfaction and ultimately, your health service.

Being involved in NECHA is all about collaboration as well. Please contact me or any of the Board members if you need any assistance or if you'd just like to talk about how collaboration could work for you. Our phone numbers and email addresses are listed on the following page. Also, I am still looking for a night nurse - just in case you are wondering!!

Charley Bradley, RNC
2005-06 NECHA President
Director of Nursing, Health Services
Dartmouth College

"Strive to make your job more satisfying, and as a result, create a more positive atmosphere for your students."

2005 - 2006 NECHA Board of Directors

PRESIDENT

Charlene Bradley, RNC
Director of Nursing
Dartmouth College
603 650-1464 charley.bradley@dartmouth.edu

PRESIDENT-ELECT

Jeffrey A. Benson, MD, MPH
Director, Health Services
Bowdoin College
207 725-3770 jbenison@bowdoin.edu

PAST PRESIDENT

Peter Nobes, PA
Primary Care Clinician
University of Vermont
802 656-0611 peter.nobes@uvm.edu

TREASURER

Lynn Wachtel, APRN
Director, Health Services
Rhode Island College
401 456-8055 lwachtel@ric.edu

SECRETARY

Donna Denelli-Hess, MSPH, MA
Director, Health Education
Williams College
413 597-3013 ddenelli@williams.edu

MEMBERS-AT-LARGE

Christine M. Burke, MEd, CHES
Director, Center for Health & Wellness
Keene State College
603 358-2926 cburke1@keene.edu

Bryant Ford, PhD
Staff Psychologist
Dartmouth College
603 650-1442 bryant.ford@dartmouth.edu

Susan Jacques, MSN, APRN, RN
Director, Health Services
Saint Michael's College
802 654-2234 sjacques@smcvt.edu

Joleen M. Nevers, MAEd
Coordinator, Health Education
University of Connecticut
860 486-0772 joleen.nevers@uconn.edu

Ellen M. Reynolds, MS
Associate Director, Health Services
University of Rhode Island
401 874-5155 ellen@uri.edu

ACHA REGION V REP (06-08)

Brooke Durland, MD
Medical Director
Rochester Institute of Technology
585 475 2255 bddshc@rit.edu

REGION V REP to ACHA

NOMINATING COMMITTEE (06-08)
Vanessa Britto, MD, MS
Director, Health Services
Wellesley College
781 283-2810 vbritto@wellesley.edu

ADMINISTRATIVE DIRECTOR

NEWSLETTER EDITOR

Julie Basol
JNB Marketing, LLC
741 Hand Road
No. Ferrisburgh, VT 05473
802 425-3936 julie@nechaonline.org

MEET THE BOARD - Joleen M. Nevers, MAEd



I am excited and honored to be elected as a Member-at-Large of NECHA. Since joining the board at last year's Meeting, I have enjoyed networking and meeting more people while serving in my M-A-L role and hope to get more people involved.

It was during my undergraduate experience when I realized I really wanted to work with college students. I knew that I was interested in the field of health before even applying to college.

During high school I had the opportunity to be a peer educator and work with the school's health educator. Speaking in front of the class as a peer educator, I loved it! I sensed a connection to the students and, in turn, felt great providing them with useful information. I remember talking to our school's health educator and learning what degree she got, and I was on my way!

I graduated from Framingham State College (FSC) in 1993 with a Bachelors of Arts in Psychology and a minor in Health Education. During my time at FSC, I worked closely with the health educator and two professors from the psychology department. With their guidance and encouragement, I applied to graduate school at East Carolina University in North Carolina. During my graduate program, I taught up to 4 sections of an undergraduate health class while serving as

the interim sexuality educator for the campus. During both my undergraduate and graduate studies, I was fully engaged in the peer education programs and while at East Carolina, assisted in developing programs that I had seen at FSC. Upon graduating in 1995, I was ready to move back to New England and use my skills.

Upon moving back, however, I had difficulty finding a job on a college campus. I juggled per diem jobs for a couple of years including Boston's Planned Parenthood & Red Cross and Brockton's Center for Training & Health Education. A year later, I took a full-time position working with girls with emotional problems at Concord-Assabet in Watertown and Lexington, MA. It was a great experience, but I really wanted to get back into health education. In 1998, I obtained a position as an adolescent health educator for Upham's Corner Health Center in Dorchester, MA. I worked with the Teen Clinic staff to get the clinic established and helped the adolescents develop a strong peer education program.

As much as I liked my job, I missed college health. I applied to several universities in 1999, but when I drove up on the University of Connecticut's campus and saw the cow fields, I felt an instant connection. When I met the director of SHS, Mike Kurland, I knew that UConn was a place that I wanted to work. Now in my 7th year at UConn, I still find my position challenging as I continue to create and develop new initiatives for the office.

10 Ways to Make the Most of your MEETING IN MAINE

1. Register early & plan to attend 1 of the 4 (Wed. AM) Pre-Mtg. workshops
2. Pre-register for concurrent sessions to help us in planning
3. Make your Hotel reservations by Sept. 30 (800 345 5050)
4. Check our Web site for expanded session descriptions & objectives
5. Vow to meet 10 new contacts at the Annual Meeting
6. Call the NECHA office with any questions (802 425 3936)
7. Bring something for the Yankee Swap Table
8. Bring your luck to win a State Basket at the Annual Banquet!
9. Pack your team t-shirt & join us for Yoga Nidra Class (Friday)
10. Plan to stay Portland and play all weekend!



~ MEET US IN MAINE ~

Portland, Maine November 1-3

NEW ENGLAND COLLEGE HEALTH ASSOCIATION

2006 ~ ANNUAL MEETING ~ 2006

Holiday Inn by the Bay

2

0

0

6



PORTLAND

The 2006 Annual Meeting has been approved by more continuing education governing bodies than ever before! Join us in Portland and bring colleagues from cross-disciplines together for 3 days of top-notch college health programming!

★ CME: 16.5 hrs ★ Nursing Contact Hours: 19.8

★ CE Credits for Psychologists (PysCE): 14.5

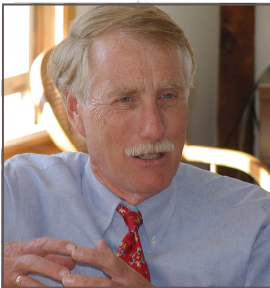
★ CECH Contact Hours (CHES): 16.5

★ Certified Counselors (NBCC): 16.5

★ CE Credit for RDs & DTRs: 17 CPEUs

★ NASW: currently under review!

Check our Web site for CE awards specific to the given sessions!



KEYNOTER:

FORMER MAINE GOVERNOR ANGUS KING, JR.

Highlighted in our spring edition, read more about King and his opening address in the on-line brochure at

www.nechaonline.org



Healthy Lifestyles: Promotion & Chronic Disease Prevention

General Session Friday, November 3

Lisa LeTourneau, MD, MPH

Obesity and youth overweight are serious problems in the U.S., and health care face many obstacles in improving the prevention and care of obesity. Join us Friday morning as Dr. Lisa Letourneau presents the general session *Healthy Lifestyles: Promotion & Chronic Disease Prevention*.

Dr. Letourneau is a board-certified internist and practiced emergency medicine for 7 years before beginning her work in clinical improvement and quality improvement initiatives. Having developed a strong interest in population-based health while working as a health plan medical director, she received her Masters in Public Health from the Harvard School of Public Health in 2002. She joined MaineHealth, a nonprofit integrated healthcare delivery system, in 2000 and currently serves as the Senior Director of Clinical Integration, responsible for providing leadership and support for a range of healthcare improvement initiatives, including diabetes, asthma, heart failure, cardiovascular disease, and depression. She also serves on the Board of the Maine Center for Public Health, and serves as Physician Advisor to the Maine Youth Overweight Collaborative sponsored by the Center. Dr. Letourneau has a particular interest in helping to build connections between public health and clinical care, and the role of physicians in helping to develop and lead health improvement efforts.

~ Yankee Swap ~

Show your school spirit by participating in the Annual Yankee Swap. A fun activity year after year, pack a mug, t-shirt, cap or banner - whatever represents your school! Visit your college bookstore or raid your giveaway box. Bring your item to the Swap Table and trade it for something of equal value in return, then keep swapping! Perhaps there will be something there from your alma mater!

~ FRIDAY IS

SPIRIT DAY ~

It's Casual Friday with a twist! Whether you join Lauren Mayhew's Yoga Nidra class or slip in just before the general session, show your school spirit by dressing the part. Plan to don a t-shirt, sweat suit - anything that promotes your school (or alma mater). Show up with pompoms and you'll receive a special prize!

~ OVERNIGHTS ~

Call **800 345 5050** by Sept. 30 to get the overnight rate of \$119!

★ ★ ★ ACROSS THE STATES ★ ★ ★

Web Expanded Version

CONNECTICUT

Joleen M. Nevers, MAEd

The Connecticut Coalition to Stop Underage Drinking, an initiative of The Governors Prevention Partnership, is hosting their 10th Annual Conference of the Connecticut Coalition to Stop Underage Drinking. The conference, to be held October 18, will offer campus focused workshops including: How policy and legislation impacts your work, Strategies to reduce predatory marketing, and Highlights of successful campus prevention strategies. The keynote speaker for the conference is Penny Norton from FACE, a national non-profit organization that supports sensible alcohol policies and practices through the development of messages, strategies, and training designed to create public awareness and action on alcohol issues. In partnership with the Department of Mental Health and Addiction Services, The Governor's Prevention Partnership continues to expand the state's college level prevention efforts. In January 2006, 38 college presidents signed their support to the Connecticut Statewide Healthy Campus Initiative Action Plan. In addition to supporting training and events, this action plan includes media strategies, data collection and continued recruitment of key partners.

MAINE

Jeffrey Benson, MD, MPH

Health Services at the University of Southern Maine in Portland has a new director, Kristine Bertini, PhD, who previously led USM's Counseling Services. Health and Counseling have now been integrated into a single department, "to serve students health needs in the most comprehensive fashion possible," writes Dr. Bertini. "The merger will facilitate communication and referrals between Health and Counseling and integrate treatment whenever it is helpful for our students. As an educational institution, Health and Counseling Services seeks to teach students about the mind/body connection and assist them in designing healthy lifestyles that will follow them throughout the course of their college

experience and beyond."

As Chair of NECHA 2006, I look forward to hosting the Annual Meeting in Maine and hope to see you in Portland!

MASSACHUSETTS

Beth-Anne Veira, MEd

University of Massachusetts Dartmouth

Greetings from southeastern Massachusetts! With the academic year upon us, things are very busy at our health services center.

It's a New Home for Health Services!

Clinical and administrative services moved into a new 2700 sq. ft. building just in time to receive the Class of 2010. The building includes five exam rooms, three more than our previous space. The building's modular design, originally configured for a two person physician office, was modified into the five exam rooms, a meeting room, break room, lab, and nursing procedure room. The space also includes a waiting room that is separate from our business office, which allows us to better protect students' confidentiality.

Governor's Highway Safety Bureau Alcohol Education Grant

We were awarded a grant from the Governor's Highway Safety Bureau which supported the following activities: 1) Introduction to Motivational Interviewing, a 1/2-day in-service for Student Affairs staff; 2) Development of *Helping Students with Alcohol & Drug Problems: A Guide for UMass Dartmouth Faculty & Staff*. The guide includes information on drugs most commonly used by today's college students, signs of substance abuse, approaching a student about their substance use/abuse, resources, and ways faculty and staff can help with campus alcohol and drug prevention. Grant funds covered the cost of printing and distributing the guide to all faculty and staff. The Human Resources Department agreed to print additional copies of the guide to include in informational packets received by all employees hired after the initial distribution; 3) Development of materials for an alcohol education print campaign, "Liquid Logic," to launch this fall.

There are four components to the campaign:

- 1) Educating students about what constitutes a standard drink/drink equivalencies
- 2) Educating students about safer drinking tips/lower-risk drinking strategies
- 3) Educating students to recognize the signs of alcohol poisoning and what to do if they believe someone is in trouble
- 4) How to get help with an alcohol or drug problem. A copy of the *Signs of Alcohol Poisoning* Poster, can be down-loaded on the expanded version of NECHA News at www.nechaonline.org.

Website Development

Inspired by Brown University's Web Makeover presentation at NECHA's 2004 Meeting, I conducted my own Web-based student health issues survey the following year. Through this survey, I sought to measure 3 things: What health issues are most important to students? What health issues do students perceive to be of greatest concern to other students? How do students want to get information on health issues?

Students indicated that if they were looking for information on a health issue, they would turn to the internet first. This finding is consistent with both *Generation Rx.com*, a Kaiser Family Foundation report (2001) and the findings of colleagues at other universities who have developed their own health education Web sites.

I am now working with our Computing & Information Technology Systems (CITS) Web design team on the development of a Health Education, Promotion & Wellness Web site that will include (among other things) an "Ask the Expert" function allowing students to ask and receive answers to questions confidentially. If you have any input, please contact me at bveira@umassd.edu. Thank you!

Transitions

★ ★ ★ ACROSS THE STATES ★ ★ ★

Web Expanded Version

Vanessa Britto, MD, MPH

At the end of our '05-'06 academic year the Wellesley College Health Service marked the transition of many loyal team members to retirement, relocation, and career changes.

Leaving for new adventures: Gail Langley RN Coordinator of Outpatient Service – 15 yrs; Denise Scott, RN Coordinator of Health Information – 8 years; Bertha Menaikis – Med Tech – 17 yrs; Claire McCarthy – Medical Receptionist – 21yrs; Sally Brennan RN – Night Nurse – 14 yrs, Beth Schuller, Nurse Practitioner – 6 years; and Sloane Crawford, Nurse Midwife – 14 yrs. Additionally, the Health Service has been privileged to have had Gloria Cater, APRN, Associate Director/Director of Nursing as a cornerstone member of the team for over 18 years. Gloria has been progressing through the academic stages of a PhD in Nursing at the UMASS Boston. She is retiring from the Health Service in October, in part, to complete her dissertation work, and to also explore the many options her new degree will afford her. Gloria has supervised the Nursing Department since her arrival and has, over the years, helped to recruit and season many nurses in both the inpatient and outpatient areas of the Wellesley College Health Service and the field of college health. Her ready laugh and her calm, nurturing presence will be missed and remembered often. We are excited for Gloria's new adventure and wish her all of life's best including good health, joy, and a kind dissertation committee.

Not far down the road at Babson College, Sharon Yardley, RNCS, MSN, FNP has been selected as the new Director of Health Services, replacing Thelma Lake. Sharon comes to Babson from Suffolk where she held the position of Health Service Director for a number of years (interestingly, Sharon succeeded Thelma there as well!).

This summer proved to be a memorable one from the standpoint of breakthroughs in women's health care. In early June, the FDA approved the cervical cancer vaccine,

Gardasil, for administration to young women ages 11 to 26. Many incoming and returning students have availed themselves of the first dose, and in some cases second dose, in a series of three. The series, administered over the course of 6 months, is targeted to provide immunity against Human Papilloma Virus (HPV) strains 6,11 (genital warts),16, and 18 (cervical cancer). Although expensive at a total cost of approximately \$350, some insurance companies are funding it, while others are holding off for the time being. The vaccine has not yet been approved for use in males, but efficacy trials are ongoing. In late August, after a 3 year deferment and a threatened lobby against the upcoming FDA Commissioner's confirmation, the FDA approved OTC status for Plan B, emergency contraception, with the stipulation that prescription status would be maintained for those women 17 and under. The manufacturer, Duramed, expects that the dual packaging (Rx/OTC) will be available by the end of 2006. In the mean time, while pharmacies in Massachusetts file their standing orders and get appropriately trained, Plan B will continue to be available by prescription.

NEW HAMPSHIRE

*Mary Ellen Wargo, RN
Plymouth State University*

The Wellness Center at Plymouth State University is committed to providing superior programs and services that are dedicated to educating the campus community about whole-person wellness and to cultivate holistic lifestyle choices that create and maintain maximum wellness for every individual. As part of the Plymouth State Whole Health Team, the Wellness Center offers such services as Massage Therapy, Reiki, Light Therapy, Holistic Stress Management, Meditation/Guided Imagery, Nutrition, Smoking Cessation, Sexual Health Education (Safer Sex), One-on-One Counseling and Life Coaching.

The Wellness Center also offers a newly designed lifestyle change program created for the women at Plymouth State University. Females Inspired to be Themselves

(F.I.T.), launched in March 2006, has received a very enthusiastic reception. The purpose of F.I.T. is to empower young women to achieve their personal goals, thereby reaching their full potential. Through exercise/fitness, nutritional counseling, emotional support and encouragement comes self confidence, positive self body image and overall synergy of mind, body and spirit.

There is a lot of time devoted to readiness, which, in my experience is the key. It has been found that lasting change can only occur in the individual who is truly ready to make that change. This has been the case with F.I.T. along with consistent support and encouragement the young women at PSU have been very successful.

The program is still in its infancy stage and although the results and feedback have been mostly positive, the program is far from perfect. I am in the process of honing, refining and enhancing F.I.T. to be all that it can be. If you would like more information or have any questions please contact me at:

mewargo@plymouth.edu

RHODE ISLAND

Ellen Reynolds, MS

Carole Wisehart, MS has been appointed to the new position of Clinical Coordinator of Laboratory Services at URI. She has been working in the lab for 15+ years and filling in as Interim Lab Manager for the past year. Good luck in your new position, Carole!

On Saturday, September 9th the University of Rhode Island opened and placed in service, a headquarters and garage for the student volunteer Emergency Medical Service. The service also celebrated its 21st anniversary. In the new headquarters, the multipurpose training room was dedicated to Brian Jackson, a former vice-commander and

Dallas police officer who was killed in the line of duty, November 13, 2005.

Colleges and universities across our state are working with the new immunization regulations that have gone into effect for the Class of 2010. In addition to the already required immunizations, this year's class of students must now prove they have been vaccinated or are immune to Hepatitis B and varicella.

★ ★ ★ ACROSS THE STATES ★ ★ ★

Web Expanded Version

VERMONT

Peter Nobes, PA

Summer and semester breaks are times to recharge the batteries. A constant challenge is to take what we learn from the previous year and use that information to do our work in a different way. Learning and subsequent changes in how we go about our jobs come from many different directions. How many times have you thought "I've seen it all" when low and behold you're confronted with something unique? It's great when we have a chance to put it all together, gather, and share the riches at annual meetings. The NECHA Planning Committee has arranged another outstanding speaker lineup for the 2006 Annual Meeting. It'll be a chance to gather, enjoy local hospitality and the scenery, renew friendships, and benefit from the experience and wisdom of our speakers.

In Vermont, professionals from around the state had a chance to meet at Castleton State in May and engage in an open dialogue about how we work and what are some of our struggles. Deb Choma, RN, Director of Wellness at Castleton, and Lisa Kellogg, Director of Castleton's Counseling Service (with help from NECHA Board member Susan Jacques, Director at Saint Michaels College in plant-

ing the seed) led a lively discussion amongst staff representing 11 colleges and universities in Vermont. We came away with a sense that we want the dialogue to continue. With this in mind, with the full support of UVM's Medical Director Jon Porter, MD, I'm arranging a four-part speakers' series for the academic year. Half of our offerings will be mental health topics and the others will be clinical topics. These grand rounds will be on Thursday mornings from 8-9:30am on October 19, December 7, February 15, and April 17 next year. Speakers and topics and location will be soon be announced. For a long time NECHA has included state and regional groups (Maine, Charles River, etc.) that have found that continuous contact benefits all—especially since we know not everyone can attend annual regional or national conferences. I'll be going off the NECHA Board after our November meeting, but will in no way be leaving NECHA. From NECHA and NYSCHA/NECHA Combined Meetings, from our fledgling Vermont coalition, and the Speaker Series at UVM, I'll (hopefully) be able to stay on that ever-steepening learning curve. See you in Portland!

NECHA News is published three times per year with its Fall, Winter, & Spring/Summer issues.

Contributions of college health interest are welcomed! For details, contact Julie@nechonline.org

Deadline: January 3 for the winter issue (February 1)

2006-2007 NECHA

Board of Directors Nominations

President-elect: Bryant Ford, PhD <i>Dartmouth College, New Hampshire</i>	1 year
Treasurer: Lynn Wachtel, FNP <i>Rhode Island College</i>	1 year
Secretary: Christine Burke, MEd, CHES <i>Keene State College, New Hampshire</i>	1 year
Members-at-Large: John Miner, MD <i>Williams College, Massachusetts</i>	2 years
Laura Rubenstein, MEd <i>Yale University, Connecticut</i>	2 years

Elections will be held on
Thursday, November 2
at the NECHA Business Meeting

CONGRATULATIONS

2006 Award Recipients

Nancy Barry, RNC

Supervisor, Nursing Services Merrimack College

LOUISE GAZZARA AWARD

&

Peter Nobes, PA

Primary Care Clinician University of Vermont

PRESIDENT'S AWARD

**RECIPIENTS WILL BE RECOGNIZED AT THE
2006 NECHA ANNUAL MEETING BANQUET**

Nominate a colleague for 2007 -
details on the NECHA Web site!



URI HEALTH SERVICE DIRECTOR, CHAD HENDERSON, ELECTED VICE PRESIDENT, ACHA



KINGSTON, R.I. – July 12, 2006 -- The American College Health Association has elected Richmond resident Chad Henderson, Director of the University of Rhode Island's Health Services, to the post of vice president for the 2006-2007 program year.

In their June notification letter, Association President Dorothy Kozlowski and Executive Director Doyle Randol said the organization could not have flourished during its past 86 years without the leadership of individuals like Henderson, who have volunteered to lead and chart the course for college health over many years.

"You exemplify this legacy through your active involvement in ACHA, and we are indeed grateful that the University of Rhode Island will continue supporting you as you undertake the responsibilities of an ACHA officer, engaged at the highest level in the governance and strategic direction of our national level association," the association leaders wrote.

According to the organization, Henderson previously served as the Region V representative and board liaison to the Volunteer Leadership Infrastructure Review Committee. He is a past president of the New England College Health Association and an active member of the Tri-State College Health Consortium. At URI, Henderson manages a staff of 49 and an annual budget of \$5.4 million.

From 1969 until his appointment to URI's Pauline B. Wood Health Services in 1997, Henderson was in the U.S. Navy's Medical Service Corps, attaining the rank of captain. His last military assignments were as commanding officer of a hospital and a managed care organization. He had previously overseen the conversion of the tanker Rose City to the hospital ship COMFORT.

Among his honors are: the New England College Health Association President's Award, three Legion of Merit awards (the highest peacetime military decoration) and two Meritorious Service Medals.

He led the effort that led to initial and continuing accreditation of URI Health Services by the Joint Commission on the Accreditation of Health Care Organizations. In the spring, the University earned the accrediting organization's Gold Seal of Approval for meeting national health care quality and safety standards. URI is one of only 25 college health service centers in the country recognized by the organization.

Henderson earned his bachelor's degree from the School of Hotel Administration at Cornell University and his master's degree in business administration with a health care administration concentration from the Wharton School at the University of Pennsylvania. He holds a certificate from the Health Executive Development Program at Cornell and the American College Health Association Foundations of Leadership.

URI News Bureau photo by Michael Salerno PhotographyMedia
Contact: Dave Lavallee, 401-874-5862

AMERICAN COLLEGE HEALTH ASSOCIATION

WHAT'S HAPPENING AT ACHA!

Chad Henderson, MBA
Vice President, ACHA
Director, Health Services URI

First, let me thank the NECHA membership for their support and vote. I have been the ACHA Vice President for three months and it has been a wonderful opportunity and we've covered a lot of ground-work.

ACHA recently released *Guidelines for Pandemic Planning*, which is available along with other pandemic resources on the ACHA Web site. I encourage everyone to check the site every week or two to check out *Latest News and Updates*. When you have a few minutes, try navigating the site and you'll discover lots of great information. If you are an ACHA member, log onto the *Members Only* section (type in your

member # and last name), where you will see a fantastic amount of information and try the *Bulletin Board* section ... if you find a topic of interest, subscribe and when a new item is posted, you'll be notified by email.

ACHA has recently published two new brochures, *A Good Night's Sleep: Tips and Support*; and *Sprains, Strains, and Overuse Injuries: Self-Care and Prevention* as well as a new monograph, *Guidance on Stimulant Misuse*. All are worth a read.

ACHA has also embarked on a two year cooperative agreement with the CDC entitled *Enhancing College and University Healthcare Providers' Ability to Prevent Sexual Violence*. Look for the draft position statement to be posted for member comment. The 14-day comment period is your opportunity to share your thoughts and opinions regarding ACHA positions. When you receive the email announcing that

something has been posted for comment, please take a few minutes to review and provide your input. The drafter and Board of Directors review each comment prior to acting on the document.

ACHA is your organization - your involvement is key to the Association achieving its mission. Consider volunteering at the affiliate level (NECHA), on a national committee or task force, in your ACHA section, or by being current with the ACHA Web page www.acha.org and communicating with an ACHA board member. Feel free to contact the Region V Representative, Dr. Brooke Durland, at RIT (bddshc@rit.edu) or me at chad@uri.edu.

I hope many of you are planning to attend the NECHA 2006 Annual Meeting November 1-3 in Portland and ACHA's 2007 Meeting in San Antonio. I look forward to seeing you there.



Watch the Date for 2008!

October 29-31 NECHA's 2008 Annual Meeting heads to Connecticut at the Mystic Marriott Hotel,

home of the infamous **Elizabeth Arden Red Door Spa** ~

Save the date for 2007's NYSCHA/NECHA Combined Annual Meeting, October 9-12!

COLLEGE HEALTH POSITION OPENINGS

Massachusetts Bay Community College Clinician (Personal Counselor) / Clinical Supervisor -

DUTIES and RESPONSIBILITIES: Reporting to the Assistant Director of Counseling, provide assessment, treatment, crisis intervention, referral, and clinical documentation for individual student clients. Co-develop and maintain a comprehensive internship program that trains clinical interns as well as other types of higher-ed students. Provide weekly supervision for clinical interns. Co-facilitate weekly internship training seminars and case conferences. Provide psycho educational programming and mental health screenings. Provide consultation to faculty, staff, and parents on student mental health needs. Provide outreach and education to the MassBay community regarding pertinent mental health issues. Attend all intake, supervision, staff, and other clinical or departmental meetings. Perform other related duties as assigned.

REQUIRES: Graduate degree in Counseling or closely related field from an accredited institution with five years post-graduate clinical experience. Commonwealth of Massachusetts licensure at the Independent Clinician level. Demonstrated competence in providing clinical services to diverse, complex student mental health needs. Demonstrated competence in personal counseling, psycho educational program planning, clinical supervision, and clinical documentation. Excellent oral and written communication skills. Bilingual candidate preferred.

Full time (37.5 hours per week) position with benefits. Salary range \$ 43, 000 - \$47, 000. Applications can be submitted through the Web site: www.massbay.edu

TUFTS UNIVERSITY Counseling & Mental Health Service

in Medford, Massachusetts has both full and part time job openings. We are a great place to work, and are looking for highly skilled clinicians.

To apply:

- Go to www.tufts.edu/hr
- Click on employment
- Click on job opportunities
- Click on search for jobs.
- Type in "staff clinician" in the keywords section.

We look forward to hearing from you!

*Michelle Bowdler, MSPH
Senior Director
Health & Wellness Services*

Expanded version on next page

UNIVERSITY OF VERMONT NP or PA

The University of Vermont Center for Health & Wellbeing (CHWB) seeks applicants for the position of Health Care Provider (NP or PA) in the Student Health/Medical Clinic. This position reports to the Asst. Director for Primary Care, and provides primary health care in an outpatient setting to university students. The CHWB is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC).

We seek an experienced clinician with excellent people skills, knowledge of the developmental and health issues of young adults, a collaborative work style, and a demonstrated interest and commitment to diversity and multicultural competence. The successful candidate will be energetic, creative, forward-thinking and able to juggle competing priorities in a dynamic, fast-paced environment. Responsibilities include: Evaluation, diagnosis, treatment, education and counseling of patients seeking primary health care, consultation with physician and other clinician staff as necessary and appropriate, occasional shared coverage of home varsity athletic contests, participation in medical audits and interdisciplinary teams, participation in the on-site clinical instruction of nursing and medical students, residents, and athletic training students.

Minimum qualifications include: Master's degree in health field and graduate of Nurse Practitioner (NP) program or certification from a State Board of Medicine approved Physician Assistant (PA) program + 2 years experience in direct patient care. Knowledge of developmental issues of adolescents/young adults, experience working with college age population required as is a strong commitment to working with a diverse staff and student population. Experience working with injured athletes desired.

12-month full-time position. Salary commensurate with experience & includes full benefits pkg. For more information about the CHWB, call 802 656-3494 or visit www.uvm.edu/health. For further information, or to apply on line, visit www.uvmjobs.com. Cover letter should include a statement of experience/commitment to working with issues of diversity.

UVM is an equal opportunity/affirmative action employer committed to recruiting, supporting, and fostering a diverse community of outstanding faculty, staff, and students. All applicants who share this goal are encouraged to apply.



Staff Nurse (Nights) Health Services

Provides medical care for students primarily in the Health Service infirmary. Records medical encounters in the student's medical record in a timely, accurate and appropriate fashion. Acts as an on-campus and off-campus liaison on behalf of the student and the Health Service. Provides health education for students. Practices within the legal and ethical boundaries of patient privacy and confidentiality. Schedule: 36 hrs/wk, 9 mo/year; 1 year term position.

Requirements: R.N., licensed in the Commonwealth of Massachusetts. 2+ years' medical/surgical or related experience. Physical assessment course and/or experience. Current CPR Certification. Current and up to date Continuing Education Units. Computer proficiency including Word and Excel. Must be able to work independently and effectively in a culturally diverse environment.

If interested, send cover letter and resume to: Human Resources Office, Wellesley College, 106 Central Street, Wellesley, MA 02481; or to apply online, please use the following link:

<http://careers.wellesley.edu/wellesley/jobboard>.

Wellesley College is an Equal Opportunity/Affirmative Action institution and employer. Successful candidates must be able to work effectively in a culturally diverse environment. Applications from women, minorities, veterans and candidates with disabilities are encouraged.

Visit our website at
www.wellesley.edu/HR/

SEEKING INTERNSHIP POSITION My name is Melanie McGrath and I am a health science student with a concentration in college health prevention and promotion. I have just begun my senior year at SUNY Cortland and am seeking an internship position during the summer of 2007. I would like to do my internship at a college near my home, preferably in the Boston or Worcester, Massachusetts area. If you know of any college where I could pursue an internship position, please contact me at:

Elanie.McGrath@cortland.edu Thank you!

TUFTS UNIVERSITY

Counseling & Mental Health Service

in Medford, Massachusetts has both full and part time job openings. We are a great place to work, and are looking for highly skilled clinicians.

To apply:

- Go to www.tufts.edu/hr
- Click on employment
- Click on job opportunities
- Click on search for jobs.
- Type in "staff clinician" in the keywords section.

We look forward to hearing from you!

*Michelle Bowdler, MSPH
Senior Director
Health & Wellness Services*

Counseling and Mental Health Services (CMHS) contributes to the educational mission of Tufts University through a variety of activities devoted to prevention, intervention, and consultation. Mental health services are offered, without charge, to all full-time undergraduates and graduate students who have paid the comprehensive health fee. Our staff provides time-limited, individual consultation and counseling on a wide variety of concerns, as well as referrals to treatment providers in the community.

The Staff Clinician position entails the provision of direct clinical services to students, both graduate and undergraduate. Additionally, may participate in mandated assessments related to medical leaves and re-entry. The Staff Clinicians are responsible for clinical intake, disposition, and treatment, as well as crisis intervention. Additionally, Staff Clinicians are expected to be active participants in outreach efforts to the Tufts University community, as well as providing consultation to concerned students, faculty, and staff. This position also includes participation in 24-hour emergency on-call rotations, involving telephone and/or face-to-face after hours evaluations when necessary.

Required qualifications: This position requires a licensed, doctoral level psychologist or LICSW and three to five years of clinical experience. The selected candidate must possess experience working with a late adolescent population. Experience with time limited treatment models is necessary. The selected candidate must have experience working with a diverse patient population. Excellent oral and written communication skills are required. The ability to work with non-clinical administrators who may be concerned about a student is critical as is the ability to discuss mental health issues in a group setting. This position requires participation in an on-call rotation. When on-call, clinicians are required to evaluate students' safety and assess for hospitalization. This may necessitate coming to campus at off-hours. On-call includes evenings and weekends.

Preferred qualifications: Five to ten years of experience are preferred. Experience with eating disorders, sexual assault, cross-cultural issues, trauma treatment, substance abuse, and self-injury all preferred. Prior college counseling center experience strongly preferred.

Salary depends on educational background and experience.

NECHA GRANT CALL for PROPOSALS

Open to the College Health Community

The 2006 NECHA Grant Committee invites you to respond to our Annual Grant Call for Proposals. The purpose of this Grant Proposal Program is to promote participation and connectivity within the New England college health community.

The Board invites New England members to propose projects at grant-funded levels up to \$1,000. The total number and size of awards will be based on merit, need, and the number of proposals received. Grant projects should produce benefits with wide application for college health.

Proposals that involve multi-institutional collaboration, networking, and student participation to address shared concerns are especially encouraged.

Recent recipients of the NECHA Grant include Pine Manor College and Babson College. Check out our Web site for specific details! Deadline for proposals: **October 1, 2006**:

Bryant Ford, PhD, Chair
NECHA Grant Committee
603 650-1442
bryant.ford@dartmouth.edu



We're pleased to announce **Cross Insurance of Lewiston, Maine** has partnered with the Greater Portland Convention & Visitors Bureau to serve as the official Welcome-to-Maine Greeting Committee and will serve as sponsors of the Annual Banquet as well. Long time supporters of NECHA, we salute Cross Insurance for their continued support of college health!!!!

Registration / Announcement
2006 ANNUAL MEETING
on line at
www.nechaonline.org

