# News



#### new england college health association

Fall 2007

**Greetings!** Another school year is upon us and I hope that this message finds you in good health and spirits.

In June, I attended the American College Health Association's (ACHA) 2007 Annual Conference in San Antonio, Texas and returned with a renewed sense of enthusiasm. I attribute some of my enthusiasm to the informative presentations and stimulating keynote addresses, but the rest is attributed to the ACHA Leadership Day. The pre-conference workshop was open to ACHA's national officers, affiliate leaders, committee/task force section officers, and ACHA emerging leaders.

Divided into two parts, the morning session taught us Adaptation-Innovation Theory, an approach to understanding various styles and approaches to problem solving. Developed by M. J. Kirton (1985), the theory proposes that when people solve problems, they often fall along a continuum that ranges from needing more structure (adaptation) to need-

Adaptation

ing less structure (innovation). Prior to our gathering, Leadership Day participants completed an instrument based on the A-I inventory. The workshop, along with my results from the instrument, have helped me

understand where my strengths and weaknesses lie in groups as well as how I can use that information to help foster collaboration in groups, despite my differences.

In the afternoon, we broke into smaller groups and met with ACHA board and staff members. In our session, we discussed ACHA policies as they pertain to the affiliates. Topics included, but were not limited to, incorporation status of the affiliates, financial reporting, and by-laws.

The time spent at the Leadership Day helped me gain a firm understanding of what NECHA needs to do to remain fiscally healthy. Here are just a few examples:

- · Adhere to the ACHA guidelines for financial reporting
- Create a viable financial investment policy
- Make sure financial records and other correspondence are up to date with the national office
- Maintain a healthy working relationship with the national office

I want to thank the NECHA Board, its membership, and Julie Basol, for helping me make the transition to the office of President this past year. I am honored to serve as President and look forward to working with you in the coming year.

Before I close, I'd like to extend my congratulations to Chad Henderson, MBA, ACHA President-Elect and John Miner, MD Chair-Elect of the ACHA Mental Health Section to their respective positions. I am confident that they will do outstanding work for organization. I also want to acknowledge and thank all of the other NECHA members who are also serving on various ACHA committees and task forces for their service and diligence.

I wish you much success this academic year; please do not hesitate to contact me if I can be of particular service to you.

Best,
Bryant Ford, PhD
NECHA President

Reference: Kirton, M. J. (1999). Kirton Adaptation-Innovation Inventory Booklet.

L to R, back row: John Miner, Ellen Reynolds, Jeffrey Benson, Vanessa Britto, Bryant Ford. L to R, front row: Joleen Nevers, Gerri Taylor, Lynn Wachtel, Charley Bradley, Christine Burke

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John A.

Greetings everyone. I imagine that everyone has gone beyond the anticipatory mode of the fall semester and your campuses are busy once again. Much has happened recently in the college mental health world, particularly triggered by the April 16 tragedy at Virginia Tech. The tragedy brought into focus and scrutiny how colleges deal with students with serious mental illnesses. As is often the case, Miner, MD many of the responses have been reactive and critical rather than reflective and supportive. All of us

working in college mental health have struggled with students who suffer from serious mental illnesses. We all know the complicated terrain of trying to provide good care while negotiating mandated assessments, privacy and confidentiality, referral problems to outside agencies, mandatory leave and reinstatement processes, and the like. In my years working in college health, most of the informal dialogues at NECHA and ACHA meetings surround these kinds of issues and problems.

ACHA's recent meeting was understandably focused on some of these issues. Gary Pavella, a well known attorney and educator at the University of Maryland, gave a special presidential session. (ACHA.org/annual meeting/highlights/audiotapes) His major point was that we need to keep a perspective about how rare and unusual campus shootings actually are.

This past July, The New England Journal of Medicine (Vol. 357 No. 2) had a lead article, 'Falling through the Cracks - Virginia Tech and the Restructuring of College Mental Health Services'. Author Dr. Miriam Shuchman reviewed many of the problems as well as some institutional attempts at solutions. Dartmouth's Dr. Mark Reed was interviewed for the article, which can be heard at www/nejm.org.

In taking steps to address some of the problems at our own institution, I have two suggestions:

1) Review and/or create a policy on how you and your institution deals with the so-called 'at risk' student. Such a review will likely stimulate and highlight some of the specific problems with which you and your institution struggle.

There are two good and helpful models to use as references:

- Bazelon Center for Mental Health Law (www.bazelon.org) Supporting Students; A Model for Colleges & Universities
- The JED Foundation (www.jedfoundation.org) Framework for Developing Institutional Protocols for Acutely Distressed & Suicidal Students

2) Try to meet proactively with students who have self identified as having significant mental illness histories, those returning from psychological leaves, or are brought to the attention of the deans, etc.. Such a meeting be an administrative meeting, trying to join in helping a student find the resources and clinical resources they need in order to succeed. A meeting of this nature should be voluntary and collaborative and may lead to subsequent follow up meetings (which I suspect will lead to earlier and more successful interventions).

As I mentioned in our last newsletter, the results of the National College Health Assessment (NCHA) have triggered a lot of thinking and planning on how to address the very significant stresses faced by college students. One of the most significant programs to address depression in college students was presented at the recent ACHA Meeting when Henry Chung, MD (NYU) and Greg Eells, PhD (Cornell) presented some of their work on integrating medical and mental health screening for depression. By utilizing the Personal Health Questionnaire (PHQ-8) in all medical visits to the health center, this looks to be a very simple, yet effective way, to find and refer many college students who don't easily find their way to our Psych Services offices.

We are fortunate that Dr. Chung is on the program for our upcoming Combined Annual Meeting in Saratoga Springs and will present more on this innovative program. We are lucky to have RPI's Keith Anderson, PhD presenting on how to use the data from NCHA to plan for other programs that address the problems highlighted in this important survey.

Speaking of integrating medical and counseling services, I'd like to remind people of some of the new requirements regarding the prescription of ADHD meds and suggest that this is an opportunity for useful collaboration. As you know, there has been increasing concern about the potential cardiovascular effects of stimulants and the FDA is now requiring that Patient Medication Guidelines be given to patients when such prescriptions are dispensed.

#### www.fda.gov/cder/drug/infopage/ADHD

While this will largely fall on pharmacists, I would recommend that you work out a system and a policy that involves a referral for cardiac screening whenever you plan to start someone on stimulants and also check all students coming in for blood pressure & pulse screening before they see you for a refill. This should address the concerns...and the requirements.

Well, that's all for now. I hope to see you in Saratoga Springs.

### 2007 NECHA 2007

Grant Recipients

The Grant Committee is pleased to announce 3 recipients of NECHA grant monies for 2007.

Congratulations to Wellesley College **Bridgewater State College New England College** Details at the Combined Meeting!

#### 2007-08 NECHA BOARD OF DIRECTORS NOMINATIONS

President-elect: Ellen Reynolds, MS

University of Rhode Island Treasurer: Lynn Wachtel, FNP 1 year

Rhode Island College

Secretary: Christine Burke, MEd, CHES Keene State College (New Hampshire)

Members-at-Large: TWO positions are being sought for 2007-08.

If you are interested in running for office, please contact Charley Bradley, Nomination Chair at 603 646-9464 charley.bradley@dartmouth.edu

> We are most specifically seeking people in the area of health education and the state of Maine!



#### NEW YORK & NEW ENGLAND COLLEGE HEALTH ASSOCIATIONS

2007 ~ COMBINED ANNUAL MEETING ~ 2007

#### UNIVED IN COLLEGE HEALTH

Saratoga Springs, New York October 10-12

MORE MEETING
INFO
ON THE WEB
NECHAonline.org



#### Saratoga Hotel & Conference Center

534 Broadway, Saratoga Springs, NY 518-584-4000 or 877-597-9696 (toll free)

Hotel conference rates are \$149/night for a single or double, \$164/night for a triple, and \$179/night for a quad (2 beds). The hotel is wheelchair/ disability accessible.

Overnight rates extended through Sept. 20! Hotel reservations must be made directly with the hotel by calling 518-584-4000 or 877-597-9696 (toll free).

When reserving your room, identify yourself as an attendee of the NYSCHA and NECHA Combined Annual Meeting.

**Presiders Wanted** Here is an opportunity to be involved. We are looking for presiders for all 50 programs. Being a presider is an easy way to get involved and make a contribution to the Annual Meeting. Presiders introduce the speaker and collect the evaluation forms at the end of the program. If you choose to volunteer, you will be matched with a program or programs you plan to attend. *To volunteer:* 

- Choose a program(s) you plan to attend.
- E-mail the number(s) (WE 1.02) to Cathy Smith at smithc@cortland.edu.
- You will be matched with one or more of the programs you selected.
- A presider packet will be ready for you at the Meeting's registration table.

Every two years, the New England College Health Association (NECHA) and the New York College Health Association (NYSCHA) hold a combined annual meeting. The 2007 Combined Annual Meeting will be hosted by the NYSCHA in Saratoga Springs.

The theme, **United in College Health**, was selected to recognize the on-going, collaborative relationship between NYSCHA and NECHA. United in College Health holds special significance to NYSCHA this year as the organization begins its united membership with the American College Health Association.

This year's Combined Annual Meeting provides a forum for networking and the exchange of ideas among college health professionals, students, and anyone interested in college health issues. The programs being offered will provide an opportunity for participants to increase and broaden their knowledge and skills of common health concerns, health education issues and strategies, and illness prevention and wellness topics. Great care has been taken to offer programs to meet the needs of the various disciplines within college health during each concurrent session.

The Combined Annual Meeting opens on Wednesday, October 10 at 11:45 am with a luncheon followed by the keynote address, *Legal Issues in Higher Education*, presented by Peter Lake, JD. Eight sets of concurrent sessions are scheduled beginning Wednesday afternoon and continuing through Friday morning. The Annual Meeting concludes at 12:15 pm on Friday, October 12. The final program schedule lists the complete set of sessions and is available on the NYSCHA web site:

#### www.NYSCHA.org

#### Registration

EARLY BIRD REGISTRATION HAS BEEN EXTENDED THROUGH SEPT. 24.

Simplified this year, Annual Meeting registration has one basic rate of \$265 for the three day conference. After September 24, the registration rate is \$315. Registration for the full conference includes a lunch and evening reception on Wednesday; breakfast, lunch, reception, and annual banquet on Thursday; and breakfast on Friday.

NYSCHA will offer a daily registration fee for attendees who are coming for one or two days; meals are included in the daily fee. To encourage student attendance, the full registration fee is \$30 if paid by October 4 (\$45 is paid after). Students who attend Thursday afternoon through Friday morning will not be charged a registration fee.

#### The registration form is available on the NYSCHA web site.

On Wednesday morning, we are offering a CPR certification class. A separate registration form is available on the NYSCHA web site. Pre-registration is required prior to the Annual Meeting. There will be a \$10 fee at the time of the class.

If you have special needs, please let us know by including a request with your registration form and/or contacting Linda Dudman, NYSCHA Conference Planner. We will do our best to meet you needs.

Linda Dudman, NYSCHA Conference Planner Idudman@uhs.rochester.edu 585-273-5770

#### Continuing Education The Combined Annual Meeting has been approved for 14.50 CME credits, 12.50



contact hours in nursing, **10** continuing education credits for psychologists, and **12.50** continuing education contact hours (CECH) in health education. Selected sessions in this program have been approved by the National Board for Certified Counselors. National certified counselors may receive a maximum of **12.50** credits. The Web site and final program materials will provide specific information about continuing education credits for each program. See the registration form for the separate charge for CE credits.

#### **NEW YORK & NEW ENGLAND COLLEGE HEALTH ASSOCIATIONS**

2007 ~ COMBINED ANNUAL MEETING ~ 2007

#### UNITED IN COLLEGE HEALTH

Saratoga Springs, New York October 10-12



#### For More Information . . .www.NYSCHA.org

Complete information about the Combined Annual Meeting is on the NYSCHA web site. On the site, you will find:

- Registration Form
- CPR Registration Form
- "Meals Only" Registration Form
- · Directions to the Hotel
- · Link to the hotel web site
- Final Program Schedule (listing of all programs & presenters)
- List of Programs By Discipline
- Suggestions for Getting the Most From the Annual Meeting

#### **Special Events**

#### WEDNESDAY:

- Healthcare Provider CPR with AED Certification Course:
   Maryann Walsh (Stony Brook University) will be offering this course on Wednesday from 8:30-11:30 a.m. Pre-registration is required. A registration form is on the NYSCHA web site. A \$10 fee for the AHA certification card must be paid at the time of the class.
- "Chocolate & Fruit" Fondue Reception (8:30-11:30 pm): We will
  end the day with an evening "Chocolate & Fruit Fondue" reception. Our intent is to offer you an opportunity to mingle with
  friends and colleagues after returning from dinner "on your
  own" and before heading off to bed. We hope you will join us
  for a relaxing time.
- Film Screening (9:00 p.m.): New this year is a film screening on Wednesday evening. The film is CUT: Teens & Self Injury. You will have an opportunity to meet the film's producer, Wendy Schneider. Wendy is traveling to Saratoga Springs from Wisconsin to share her film with us. You are welcome to bring a dessert from the fondue reception to the film screening.

#### THURSDAY:

- Annual Fun Run/Walk on Thursday: We will begin the day bright and early with our Annual Fun Run/Walk. Pack your sneakers and join us for a walk or run before the programs begin for the day.
- Annual Banquet: We are looking forward to our Annual Banquet, which will be held on Thursday evening. Vocal and dance performance groups from Skidmore College will be invited to perform after dinner. Annual NECHA and NYSCHA award winners will be announced.

#### **State Basket Raffle**

The infamous basket raffle is back! NY-SCHA liked NECHA's tradition of the basket raffle so much, they have now made it a tradition, too! State and regional baskets will be



raffled at the Annual Banquet on Thursday evening.

Here's how it works: We would like each state in New England and each district in New York to create a basket featuring items unique to their state or their part of the state. Disciplines/sections are welcome to join the fun and contribute a basket with items that pertain to the discipline.

Shelly VanSlyke from SUNY Oswego is coordinating this year's basket raffle. Please contact Shelly at <a href="mailto:vanslyke@oswego.edu">vanslyke@oswego.edu</a> to volunteer to make a basket or find out more about the Annual Basket Raffle.



## \* A A CROSS THE STATES \* \*

#### **CONNECTICUT**

Joleen M. Nevers, MAEd

Barry A. Schreier, PhD is the newly appointed Director of Counseling & Mental Health Services at the University of Con-



Barry Schreier, PhD

necticut. For 11 years, Dr. Schreier was the Coordinator of Training at Purdue University's Counseling and Psychological Services. Dr. Schreier's career in university counseling centers spans 15 years including time at Auburn University and the University of Iowa. He is

Past-President of the Association of Counseling Center Training Agencies and was a board member of the Association of Psychology Post-Doctoral and Internship Centers. Dr. Schreier serves on the editorial board of *The Counseling Psychologist* and is an ad hoc reviewer for *Professional Psychology: Research and Practice*. Schreier is widely published in professional journals and books. His research interests include sexual orientation and gender identity, civil rights, practice and research ethics, and clinical supervision and training. Please feel free to contact him at barry@uconn.edu or at 860 486-4705.

#### MAINE

Attention Mainers: NECHA's Newsletter Team is looking for a correspondent to report on happenings in Maine.

AND Still looking for contributions to the Maine basket at the Combined Meeting. For more info contact Julie Basol at julie@nechaonline.org.

#### MASSACHUSETTS

Gerri Taylor, MS, APRN

Regina Roberto and Gerri Taylor were invited to the Oxford Round Table at Oxford University in England in August as part of the forum, Preventive Health; Intervention and Progress. Regina reported on a study of asymptomatic chlamydia infection in a college population and Gerri spoke on pandemic preparation for colleges. This was a collaborative study with the University of Massachusetts Medical School, Clark University and Worcester Polytechnic Institute. The findings suggest: 1) educating students in improving condom usage rates would be beneficial; 2) efforts should be directed at screening and educating high risk populations; 3) repeat testing should be considered to confirm positive results for low risk populations. Papers submitted will be published in the Forum on Public Policy. Their presentations were very well received.

Assumption College Clinical services are what students associate most with Student Health Services (SHS) at Assumption College. The goal of SHS Director Christine Zanfini-Parker, however, is for a new wellness initiative to have just as much association. "Hound Healthy" is the new SHS health communication campaign (the greyhound is the college mascot) and with it, comes creative health education events, activities, and a new peer education program.

A mid-term health assessment was conducted in mid-October of 2006. The goal of the survey was to assess what health topics were of greatest interest to students and what, if any, outside factors affect academic performance. The results helped Student Health Services to increase their knowledge of their target audience in an effort to offer tailored health communication and education programs.

Peers Advocating Wellness for Students (PAWS) is a new health education program for Assumption's Student Health Services. In the peer education program, students are trained to help fellow students become more aware of important health issues. With survey results taken into consideration, the following modules were created and will be addressed by SHS and the PAWS educators:

- **SHARE** (*Social Health & Responsibility Education*) scope: Abstinence and sexually transmitted diseases
- CALM (College & Lifestyle Management) scope: Stress, sleep difficulties and time management
- SAVE (Sexual Assault & Violence Education) - scope: Relationship difficulty, physical and sexual assault
- PAL (*Practice Active Lifestyle*) scope: Physical activity and fitness

For more information on the Hound Healthy campaign and PAWS, contact: Christine Zanfini Parker, MA, CHES 508 767-7102

Salem State College Nathalie Hebert, Director of the Salem State College SHS reports that the Office of Counseling & Health Services is the adolescent clinical site for medical residents from Salem Hospital. Residents are taught by the health

service's physician and nurse practitioners. This is the only rotation in which residents come in contact with nurse practitioners. It has been a wonderful opportunity to initiate the students to the role of nurse practitioners in primary care. They will also have a nurse practitioner student this fall who will work closely with the health services team and the medical residents. This makes for an intensely busy practice but very fulfilling for all the team members involved.

#### NEW HAMPSHIRE

Rosemary Doughtery, MS, ARNP has returned as Director of the Quibin Student Health Center at Rivier College. Rosemary reports a huge response to this semester's informal literature promotional campaign for urinary tract health. Rivier's SHS provides health care for their on-campus students. A long-time student and staff member at Rivier, Rosemary began working in college health after she received her masters at the College in 1998.

Colby-Sawyers' SHS director, Jackie Webb, hosted the NH Association of College Health Directors on September 13. Agenda items included a review of the proposed licensing rules for educational health facilities in the state. Jackie has served as the liaison to the state on these issues.

Retirement is in the not-so-distant future for Connie Richards at St. Anselm College. May 2008 is her official departure date. A member of the faculty and staff for 30 years, she has served as the director for the last twenty. Connie has been an active member of NECHA for many of those years as well. She reports that she will not settle into retirement 'cold turkey', however. Do we hear per diem offers already?!?

Dartmouth College's Sexual Abuse Awareness Program recently held its annual Consent Day. The event attracted 200+ students during summer term. Students pledged to reduce the occurrence of sexual assaults on campus by gaining consent from their partners. The event also included a variety of health related booths with information about sexual assault and general health education as well as a physical and mental health program. Leah Prescott and the SAPA program coordinated the event.

## \* A ACROSS THE STATES \* \*

#### **RHODE ISLAND**

Ellen Reynolds, MS

Rhode Island College Health Services welcomes Jennifer Hammond as a new evening RN. Welcome Jennifer!

URI Health Services said goodbye to fiscal clerk Joyce Rizzo, who recently retired after 16 years at the University. We welcome the new Counseling Center Director, Dr. Robert Samuels, to his position in September. Best wishes to both!

We congratulate Chad Henderson, Director of URI Health Services, as he currently serves as ACHA's President Elect. Chad continues to work hard on many of the issues affecting college health.

URI Health Services has recently partnered with Medicat, LLC as the vendor for their new Electronic Medical Record. A multidisciplinary group will continue the process of working on implementation of this software with a fall 2008 go-live date. The staff is looks forward to some hard work and fun during this phase.

The University of Rhode Island is excited about welcoming the largest incoming class ever. We have recently opened a newly constructed Hope Dining facility that includes Starbucks, Freshens Yogurt, a lower level convenience store, and a lounge area that features a four sided fireplace and seven flat screen televisions for students to enjoy. The University has also added three new residence halls to accommodate the surge of new students as well as upper classmen wishing to return to campus from down-the-line living.

#### VERMONT

Susan Jacques, NP

The University of Vermont Center for Health and Wellbeing presents College Health Grand Rounds for the Fall Semester 2007. All Vermont college health personnel are cordially invited to attend. Presentations take place at 8:00am to 9:30 am in the John Dewey Memorial Lounge at UVM's Old Mill Building at 94 University Place. CME Category I continuing education credit has approved for the series. Visitor parking is available on the south side of College Street, just west of South Prospect Street or on side streets.

#### Thursday, September 20

A Fresh Approach to the Problem of Reckless & Excessive Drinking by Young People

Presented by Dr. John M. McCardell, Jr., former Middlebury College President and founder of Choose Responsibility, a non-profit organization founded to stimulate informed and dispassionate policies that will effectively empower young adults age 18-20 years of age to make mature decisions about the place of alcohol in their own lives.

#### Thursday, November 15

Hepatitis B & C in College-Aged Population with Emphasis on International Students

Presented by Edward L. Krawitt, MD, an expert in hepatology and Professor of Medicine at UVM's College of Medicine. Dr. Krawitt will explain uses and interpre-

tation of hepatitis serology, diagnosis and treatment of both hepatitis B and C.

Specials thanks to Peter Nobes and the UVM Center for Health and Wellbeing for offering these exciting programs. Look for the Spring Semester programs in your next NECHA newsletter. Contact Peter Nobes, PA for more information 802 656-0611.

Saint Michael's College SHS is pleased to announce a new association with Matrix Health Systems this fall. Under the agreement, a psychiatric NP will provide therapy at the health center one day/week. A psychiatrist will serve as a consultant to the psychiatric NP, as well as the Saint Mike's family physician and nurse practitioner staff. The psychiatrist will be available on site to provide individual therapy for students 4 hours per month. With this new agreement, we hope to provide students with mental health issues the care they need so that they can continue their studies without interruption. We are pleased to announce that Louise Rosales, MSN, FNPC (a current part-time nurse practitioner at Saint Michael's) will be the on site psychiatric nurse practitioner and that Anne Clegg, MD will be the psychiatrist associated with the college.



## Congratulations to Chad-ACHA President-elect

As Director of the Dr. Pauline B. Wood Health Service at the University of Rhode Island, Chad believes in a customer-centered organization and in the development of strong leadership. He previously served as ACHA's VP, Region V Representative, and

board liaison to the Volunteer Leadership Infrastructure Review Committee. He is a past president of NECHA and an active member of the Tri-State College Health Consortium. Prior to his career in college health, Chad served 28 years with the U.S. Navy.

Congratulations also go to...

Dr. John Miner, ACHA Mental Health Chair-Elect (Williams)

Sharon Yardley, MSN, APRN-BC, FNP Chair, Advanced Practice Clinicians (Babson College) Art Klossner, PA-C, MS, MBA

Chair-Elect/Annual Meeting Program Planner (Suffolk University)

Tobic Caron, PA-C

Annual Meeting Program Planner-elect (Suffolk University)

### **Awards Announcements**

LOUISE 2007 Award Recipient

Debora Cain, RNC

Nursing Coordinator College of the Holy Cross



Ryan Travia, MEd

Director, Office of AODS Harvard University

Debora & Ryan will be recognized at the Combined Annual Meeting in Saratoga and receive a free registration as well!

Congratulations Debora & Ryan!

#### **COLLEGE HEALTH POSITION OPENINGS**

#### Assumption College

## NURSE PRACTITIONER (Search Reopened) Full-time academic year

Assumption College is seeking a full-time Nurse Practitioner for the academic year (37.5 hours/week, 32 weeks/year). Semester hours are M-F 9:00-5:00. Position offers a competitive salary and excellent benefit package.

Requires Adult or Family NP certification, MA, APRN license and current CPR certification. Experience preferred. Per diem applications also accepted. Applicants must be willing to contribute actively to the mission of the College as well as show respect for the Catholic and Assumptionist identity of Assumption College. Apply on line at:

#### www.assumption.edu/hr

or send cover letter (Reference Job #07-13) with salary requirements and resume to:

Office of Human Resources, Assumption College 500 Salisbury Street Worcester, MA 01609

Assumption College, a Catholic liberal arts and professional studies college, was founded in 1904 by its sponsoring religious community, the Augustinians of the Assumption. Assumption College is part of the Colleges of Worcester Consortium and an Affirmative Action employer

## Framingham State College Program Coordinator (PT): Office of Wellness Education

The Program Coordinator is responsible for overseeing daily activities of the Office of Wellness Education. Responsibilities include: conducting substance use assessments with students referred by the College judicial system, organizing and facilitating campus outreach programming, and providing supervision to a graduate intern and student workers. This position is focused on the promotion of healthy lifestyles and the Program Coordinator works closely with staff of other offices focused on student wellness, including Health Services and the Counseling Center.

The Program Coordinator reports to the Assistant Dean for Student Affairs. This position is a part-time, eighteen hour per week, contract position, without benefits. The position is for 48 weeks of the year. Qualified applicants will have a master's degree in a related field, and be independently licensed (e.g., LICSW, LMHC) or working toward licensure. Strong interpersonal and organizational skills are required.

To apply, please submit a letter of interest and resume to:

Office of Human Resources, Framingham State College, 100 State Street, Framingham, MA 01701

Framingham State College is an Affirmative Action/Equal Opportunity Employer. Applications are especially invited and encouraged from women, people of color and persons with disabilities.

#### **NECHA News** is published 3x/year with its Fall, Win-

ter, & Spring/Summer issues. Contributions of college health interest are welcomed! For details, contact

Julie@nechonline.org **Deadline: January 3** for the winter issue (February 1)

## Central Connecticut State University HEALTH SERVICES: ADVANCED PRACTICE REGISTERED NURSE I#C08-0201

Health Services department seeks full-time APRN to provide healthcare to CCSU students, including physicals, diagnosis of health problems, interpreting lab and other diagnostic tests. Duties also include prescribing and dispensing of appropriate medications, administering injections and immunizations, maintenance of clinical records, reports and in-house pharmacy. Individual must be available to work weekends, holidays and variable shifts in keeping with the University healthcare demands.

**Qualifications:** Current Connecticut RN license and APRN licensure (per Public Act 89-389); excellent interpersonal, communication and organizational skills **required.** Master's Degree in Nursing from an accredited Nurse Practitioner program; 3 to 5 years professional nursing experience in college health, ER or public health; and, current certification in Basic Life Support **preferred.** An equivalent combination of credentials and/or experience may also be considered.

Please submit cover letter, resume, and the names, titles and phone numbers of 3 professional references *via email* to:

Joyce Gray, Office of Student Affairs gray@ccsu.edu

CCSU aggressively pursues a program of equal employment and educational opportunity and affirmative action. Members of all underrepresented groups, women, veterans and persons with disabilities are invited and encouraged to apply.

## Keene State College Center for Health & Wellness Nurse Practitioner

Keene State College Center for Health and Wellness is searching for a dynamic addition to their current team. A primary care Nurse Practitioner with experience in gynecological services is preferred. This position, as a part of the Center for Health and Wellness team, will work in an acute care clinic and be responsible for the assessment and diagnostic care of students, prescribing medication and treatment as needed. A focus of the work will be on teaching students personal responsibility as it pertains to their health. This 9 month full time benefited position is integrated into the division of Student Affairs, which requires collaboration with other departments such as Counseling Services and Disability Services. The nursing staff in our clinic works Monday through Friday during the academic year (mid-Aug. to mid-May).

Requirements: licensure as an ARNP in the State of NH, current DEA #, BLS Certification; strength in diagnostic treatment, primary medical care and gynecological care; minimum of 2-4 years of experience (college age students preferred), strong communication/collaboration skills and a commitment to wellness promotion.

To apply, please send letter of application, resume and contact information for three references to: Nurse Practitioner Search, PAT#34, Office of Human Resource Mgmt, Keene State College, 229 Main St., Keene NH 03435-1604. A review of candidates for the position will begin immediately. For information about Keene State College and the Center for Health and Wellness, visit:

### www.keene.edu/hr/vacancies.cfm and www.keene.edu/healthsvs/

Keene State College is an Affirmative Action/Equal Opportunity Employer and is engaged in an effort to build a community that reflects the diversity of society.

### MEET THE BOARD Gerri Taylor, MS,



Geraldine S. Taylor MS, APRN

I am honored to have been elected as a Member-At-large to the board of the New England College Health Association. I started in college health in 1986 and have always admired the great work NECHA does to provide connection, collaboration, and communication with its membership. Early in my college health career, I found the health educators in New England to be a invaluable resource and continue to find great professional support from colleagues in all disciplines in college health.

I began my career in nursing as a graduate of the University of Connecticut and worked in acute care medical-surgical nursing at Boston's New England Medical Center. From there, I taught at Massachusetts General Hospital School of Nursing (diploma program). I moved to Fort Benning, Georgia for my husband's service in the U.S. Army as an orthopedic surgeon

and then to New Jersey, where I again worked in med-surg. and also taught. I began a Master's program in primary care at the University of Pennsylvania, completing my degree at Boston University, when we moved back to Boston. In the meantime, we had two wonderful children - now ages 34 and 32.

I was first hired as a temporary part-time nurse practitioner at Bentley by then director, Catherine Collins (now at Wellesley College). I loved the college population and was eager to find permanent employment in this area. I sent my resume to every college health department within a one to two hour radius of my home - I was that excited!! Catherine called me a few months later with a permanent offer. I was thrilled and my excitement about college health has never waned. Initially working as a clinician, I later assumed the role of health education. When (then director) Sally Strawn, now at Lesley University, decided to leave for a stint in primary care, I applied and was hired for the position of director. Two years ago, my Vice-President and Dean promoted me to the role of Assistant Dean for Health and Prevention. With the changes in my role, I have NEVER, in twenty years, been bored! I continue to be enthusiastic about college health. I have a wonderful staff and outstanding colleagues at Bentley, in New England and across the country.

Recently, I served for two years as the president of CHAND (College Health Association of Nurse Directors), whose members include directors from approximately 50 colleges in Massachusetts. During my tenure, we worked on many major issues including working with the Department of Public Health for changes to the immunization laws, working on changes in health insurance law and planning for the possibility of a pandemic. We also provided regular clinical and college health updates and a monthly forum for members to discuss clinical and management issues.

My family has been very supportive as my involvement in college health has grown. I look forward to serving on the NECHA board as one of your representatives. I hope to hear from you, our members, about new ideas and suggestions on how we can best represent your interests and needs and how we can improve the health of our students. It is my goal to find opportunities to work collectively to improve the health of our college students through information, networking and collaboration. We have great strength in NECHA and can use it to meet the many health challenges that lie ahead of us.

## Donna Denelli-Hess, Director of Health Education at Williams, sends greetings from Kenya where she continues to volunteer at Nyumbani Children's Home for HIV + AIDS orphans. She writes...

My days are quite long but filled with so much love that I gladly fall into bed at night exhausted. Whether it's teaching at the pre-school onsite, working in the Kibera slum daycare, doing outreach with Sister Little or simply cleaning rice and beans for dinner, this all continues to be an amazing experience". So what does the future hold for this former NECHA president and will she ever return to college health? Although I won't be back in the states for the Combined Annual Meeting, there is a chance I will be seeing some of you at ACHA and NECHA in 2008.

Williams College has extended my leave once again so that I can finish one very important project I've begun - the adoption of Bernard Komu, who I have know from Nyumbani, for three years. The process has been very slow and the Kenyan government reluctant to accept my application, but I wore them down and I expect to be in the US with Bernard early 2008. I look forward to NECHA 2008 in Mystic and to introducing you to my son. I welcome emails from colleagues and friends through my email address in Kenya: ddinkenya@yahoo.com

### The Courage to Change:

Celebrating 30 Years of Understanding,
Awareness, & Support

In 1977, Mount Holyoke College became one of the first women's colleges in the U.S. to implement a comprehensive program to address issues of alcohol and other drugs. The Alcohol and Drug Awareness Project (ADAP) was created to provide alcohol and other drug education, intervention, and counseling to students. Today, Mount Holyoke College continues to be at the forefront of providing comprehensive college alcohol and other drug programs that speak to women's issues.

The Project is currently celebrating its 30<sup>th</sup> anniversary. We are excited to highlight the Project's history, progress, and current work. Our goals in recognizing the anniversary are to:

- Increase understanding of the effects of chemical dependency on individuals and families
- 2. Highlight the work of the Project
- 3. "Give voice" to alumnae and current students who are dealing with these concerns

#### September 24 - October 28 MHC Library

A visual exhibit highlighting the history of the Alcohol and Drug Awareness Project.

#### Tuesday September 25 7:00pm Gamble Auditorium

Keynote Speaker: Susan Cheever, author of Note in a Bottle: My Life as a Drinker and My Name is Bill: Bill Wilson-His Life and the Creation of Alcoholics Anonymous.

Book signing with The Odyssey Book shop; reception immediately following the talk in the Art Museum lobby.

#### Friday October 26 4:30pm Gamble Auditorium

In Our Own Voice: Sharing Stories of Recovery - panel presentation relating ADAP Alumnae Network personal stories. The stories will speak to the impact of alcohol and other drug problems on the individual and families and the journey of recovery. Reception immediately following this performance in the Art Museum lobby.

#### For More Information:

Susan McCarthy, Director/therapist Alcohol & Drug Awareness Project smccarth@mtholyoke.edu 413 538-3241

Karen Jacobus, Coordinator Health Education kjacobus@mtholyoke.edu 413 538-2466

The Alcohol & Drug Awareness Project

www.mtholyoke.edu/offices/ health/6096.shtml



### A New Look



A new logo for the New England College Health Association? Could be! Taking the year off from planning a meeting means a lot of creative energy has been pent up for many months.

Join in the fun at the Combined Annual Meeting where you can be a part of the creative process in choosing a new logo for the Association.

Stay tuned in Saratoga!



## Many Special Events @ the Combined Meeting

## Healthcare Provider CPR with AED Certification Course

Wednesday, October 10 8:30-11:30 am Pre-registration is required. Registration form is on the NYSCHA web site. A \$10 fee for the AHA certification card must be paid at the time of the class.

Check the Web site for more events and announcements!

www.NECHAonline.org

## Together, let's build a healthier campus!

The Chickering Group, an Aetna Company

Is proud to support

New England College Health Association.

We celebrate our 25-year relationship with New England colleges and universities providing Student Health and Wellness Programs.



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The Mystic Experience

Save the Date for 2008!

October 29-31 NECHA 2008 Annual Meeting

heads to Connecticut at the Mystic Marriott Hotel,
home of the infamous

Elizabeth Arden Red Door Spa ~

Watch for updates at www.NECHAonline.org