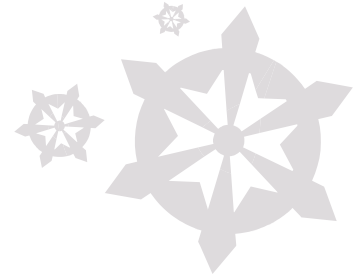




News



new england college health association

Winter 2007



Julie Basol

GREETINGS FROM THE NECHA OFFICE

With New York State hosting the 2007 Combined Annual Meeting, I've been asked by many, "what do you do in your 'off' year?" Good question. I've always been envious of the academics who are granted a sabbatical every seven years. It's a foreign concept for this Midwestern farm girl who was only introduced to weekend leisure in early adulthood.

Nevertheless, I have much planned in my off year — a chance to tidy up my home office after a 3-year annual meeting stretch from Portsmouth to Burlington to Portland. My time will be well spent as I recharge the batteries, address aging parent issues, paint a bathroom or two, and perhaps take on an entirely new short-term project.

For over ten years, I have served as NECHA's Administrative Director, a subcontracted arrangement through my business, JNB Marketing, LLC. My business bears the JNB Marketing name for two reasons: 1) my brother's initials are JBN. He calls me JNB; I call him JBN; 2) The vagueness of the name creates curiosity in the community and has opened doors to many interesting marketing projects.

Conscious living was my primary goal when I first ventured out on my own — to live, work, and breathe in my own community. Why does my house feel different on a week day vs. the weekend? When does the shade surrender to the sun on the south side of garage? Who delivers my mail each day? I was thirsty for answers.

So much happens in a given week on little Hand Road in North Ferrisburgh—a country road that spans just under a mile. The dining room serves as the home office, yet still reverts back to its original purpose for serious dinner parties. I'm fortunate in that I have gotten to know my neighbors, seeing Vermont through the eyes of those who have lived here for many generations.

In my 'off' year with NECHA, I'm excited about working with its board on projects that will better position the Association for the future. I'm delighted to see the enthusiasm that surrounds the 2006-07 Board, their willingness to bring many of my 'wish list' tasks to fruition, and the many ideas they are suggesting as well. The year is going to whiz by in a flash!

And last but not least, please join me in giving Dr. Jeff Benson a farewell salute as he leaves college health in pursuit of other endeavors. Jeff recently left Bowdoin College and therefore, has resigned his position as NECHA President. It has been a privilege to work with Jeff since 2003, first as a Member-at-Large for two years, then President-Elect as he served as Program Chair for the 2005 and 2006 Meetings.

Under Jeff's guidance, we reached new heights of programming, increased attendance, and broadened our audience. In working with Jeff, I began to understand the synergy of MD and MPH credentials after one's name. I find it very admirable. On behalf of the Board and the membership, our thanks to Jeff for all he has done for NECHA.

Dr. Bryant Ford of Dartmouth College has stepped into the role of President and Ellen Reynolds, MS (University of Rhode Island) has been appointed President-Elect for the remainder of the year. You'll be hearing more from all of us as we regroup and set out to work on the 2007 agenda.

MESSAGE FROM JEFF BENSON

I've resigned from the Health Services at Bowdoin, and in so doing have left college health -- and, regrettably, NECHA. I have so enjoyed my years in NECHA, working with so many wonderful colleagues across the region. It has been an honor to serve on the NECHA Board, and I am especially proud to have been part of putting together two outstanding conferences. I hope that my excitement at bringing a bit of a public health focus to our work in college health will live on. I do believe that college health offers us all opportunities to do great things in special ways, and I wish you all only the best, as you pursue these opportunities on your own campuses and in your own communities.

Jeff (bencsek@suscom-maine.net)

ON ANOTHER NOTE: While the 2006 NECHA Annual Meeting, is long gone, I hope those of you in attendance enjoyed yourselves and brought back a few new ideas back to your campus. **MEET US IN MAINE** was our largest meeting to date - more attendees - more sessions - more exhibitors and sponsors than ever before. Special thanks once again to the supporters who helped make the 2006 Meeting such a great success - you are the best!

Advanced Imaging, Alkermes, Bailey Agencies, BioFilm, Bollinger Insurance, Consolidated Health Plans, Core Studio, Cross Insurance, Edwards Medical Supply, GlaxoSmithKline Vaccines, Inflexxion, Koster Insurance Agency, Media Highway, Medicat, LLC, Merck Vaccines, Moore Medical,

Nuesoft Technologies, Nurse Response, OraSure Technologies, Organon USA, Pharmedix, Point and Click Solutions, PowerMed Corporation, Sawyer Products, School Health Corporation, Student Resources, The Chickering Group, and University Health Plans.

I believe that the mission of ACHA and NECHA should be to enhance all aspects of professional growth and expertise, as it relates to the provision of mental health services in college settings. *John Miner, MD*

See page 2 for further thoughts from our new feature writer!

2006 - 2007 NECHA Board of Directors



L to R, back row: John Miner, Ellen Reynolds, Jeff Benson, Vanessa Britto, Bryant Ford. L to R, front row: Joleen Nevers, Gerri Taylor, Lynn Wachtel, Charley Bradley, Chris Burke

PRESIDENT

Bryant Ford, PhD
Staff Psychologist
Dartmouth College
603 646-9442 Bryant.ford@dartmouth.edu

PRESIDENT-ELECT

Ellen M. Reynolds, MS
Associate Director, Health Services
University of Rhode Island
401 874-5155 ellen@uri.edu

PAST PRESIDENT

Charley Bradley, RNC
Director of Nursing
Dartmouth College
603 646-9464
charley.bradley@dartmouth.edu

PAST PRESIDENT

Jeffrey Benson, MD, MPH

TREASURER

Lynn Wachtel, APRN
Director, Health Services
Rhode Island College
401 456-8055 lwachtel@ric.edu

SECRETARY

Christine M. Burke, MEd, CHES
Director, Ctr. for Health & Wellness
Keene State College
603 358-2926 cburke1@keene.edu

MEMBERS-AT-LARGE

Susan Jacques, MSN, APRN, RN
Director, Health Services
Saint Michael's College
802 654-2234 sjacques@smcvt.edu
John Miner, MD
Director, Psychological Counseling Services
Williams College
413 597-2353 John.A.Minor@williams.edu

Joleen M. Nevers, MAEd
Coordinator, Health Education
University of Connecticut
860 486-0772 joleen.nevers@uconn.edu

Geraldine S. Taylor, MS, APRN
Asst. Dean for Health & Prevention
Director, Student Health Services
Bentley College
781 891-2222 gtaylor@bentley.edu

ACHA REGION V REPRESENTATIVE (06-08)

Brooke Durland, MD
Medical Director
Rochester Institute of Technology
585 475-2255 bddshc@rit.edu

REGION V REPRESENTATIVE TO ACHA NOMINATING COMMITTEE (06-08)

Vanessa Britto, MD, MSc
Director, Health Services
Wellesley College
781 283-2810 vbritto@wellesley.edu

ADMINISTRATIVE DIRECTOR

NEWSLETTER EDITOR

Julie Basol
JNB Marketing, LLC
741 Hand Road
No. Ferrisburgh, VT 05473
802 425-3936 julie@nechaonline.org

MEET THE BOARD JOHN MINER, MD

Editor's Note: Meet Dr. John Miner, one of two new Members at Large. After several years serving on Annual Meeting planning committees, we are delighted to have John join the NECHA Board of Directors. I am doubly delighted that he has agreed (willingly, I might add) to pen a regular feature column in our newsletter.

NECHA Psych Services Corner is the beginning of a dialogue that began with John several years ago when we began to meet the need for greater mental health offerings at our annual meetings. I am honored to know and work with John and happy to introduce his new column to you.

Brief Bio from John:

After an earlier career in Family Practice and Emergency Medicine, I became interested in psychosomatic disease and illness prevention and returned for training in psychiatry and psychoanalytic psychotherapy. I also gained significant experience with administrative issues within the mental health field. I brought this background to college mental health services when I took a position at Williams College, nearly ten years ago. It has become apparent that the college setting is an ideal setting for early intervention and meaningful treatment for young people, when the majority of major mental illnesses make their appearance. Effective and timely interventions will potentially have enormous impact on young peoples' college experiences, as well as having a significant public health impact for the parents, community members, and leaders of the future. I believe that the mission of ACHA and NECHA should be to enhance all aspects of professional growth and expertise, as it relates to the provision of mental health services in college settings.

NECHA Psych Services Corner

Hello everyone. As a new 'member on the block', I came away from the January Board of Director's meeting with a lot of excitement and some homework assignments. For several years, a number of mental health professionals within NECHA have been working to better communicate with each other, create interesting and stimulating sessions at our Annual Meetings, spread more information about what we all are doing at our own institutions, and get better organized. I believe it is fair to say that my recent election to the Board, as a 2 year Member-at-Large, is indicative of NECHA's wish to acknowledge and embrace what I, and others, have been doing. So, as one piece of that mission, I have volunteered to submit a column regularly in the NECHA newsletter...The Psych Services Corner.



John A. Miner, MD

Here are some things that will be happening over the next few months for NECHA mental health professionals: I've begun to develop a mailing list for psych services directors and staffs for all New England colleges and universities. As you may know, NECHA membership comes by joining ACHA as an individual member. Unfortunately, many college mental health professionals are not members of ACHA and, therefore, not official members of NECHA. (Institutional NECHA membership was phased out a couple of years ago) We recognize that our mailing list is far from complete so we hope to remedy this in the near future.

Once we have a more complete list, we will send out a questionnaire to help determine the interest level of certain types of events, services, and/or professional development wanted in New England. We're also interested in determining some of the individual and institutional impediments that keep people from getting more involved with and/or joining ACHA and NECHA. We hope that you will send us your thoughts and ideas.

(continued on page 6)

NEW YORK & NEW ENGLAND COLLEGE HEALTH ASSOCIATIONS

2007 ~ COMBINED ANNUAL MEETING ~ 2007

UNITED IN COLLEGE HEALTH

Saratoga Springs, New York October 10-12



SHARE YOUR IDEAS

We want to hear your ideas for topics you would like addressed at the 2007 Annual Meeting. You might not want to be a presenter, but you can have an influence on the Annual Meeting by offering your suggestions. Our goal is to provide a wide variety of presentations to meet the diverse needs and interests of our colleagues.

Your recommendations for excellent speakers you have heard would be appreciated, too. Perhaps you heard someone at another conference and would like us to consider inviting that speaker to present at our 2007 Combined Annual Meeting. Including contact information for speakers you are suggesting would be helpful.

We are always looking for ideas to help us host the best conference possible. You can help.

We welcome your suggestions.

Linda Dudman

The New York State College Health Association is pleased to announce that the planning has begun for our 2007 Combined Annual Meeting!! It has been two years since NYSCHA planned a fall conference. The New England College Health Association (NECHA) hosted the October 2005 meeting in Burlington, Vermont and in May 2006, NYSCHA co-hosted the ACHA Annual Meeting.

Now it is time for NYSCHA to host a combined meeting with the New England College Health Association. The 2007 NYSCHA/NECHA Combined Annual Meeting will be held October 10-12 in Saratoga Springs, New York. For the convenience of New York and New England attendees, we will be returning to our favorite hotel close to the New York/Vermont border. We hope you will make plans to join us. Our combined meetings provide an excellent opportunity to learn from colleagues throughout Region V.

The **Call for Programs** is available on the NYSCHA Web site, along with guidelines for submitting a proposal. We hope you will consider submitting a proposal to present at the Annual Meeting. The deadline for submitting proposals is March 1, 2007. Forms and guidelines can be accessed through www.nechaonline.org or directly to the New York State Web site —

www.nyscha.org

Submit Your Call for Programs Today — Due March 1, 2007

We recommend copying the *Call for Programs* to your computer and then typing your information in the shaded boxes on your copy of the form. The forms have been designed to be easy to complete. You can move from box to box using the tab key or the arrow keys. Before sending your completed form to the Conference Planner, please re-name your form to include your last name. If you are submitting more than one proposal, adding a number after your name will help distinguish between the proposals.

Attaching your form as a Word document to an e-mail message to the NYSCHA Conference Planner is the best way to submit your proposal. Faxed or mailed copies will also be accepted. Proposals received after the deadline will be considered, as space allows. If you have any questions, please contact the NYSCHA Conference Planner for assistance.

Please submit the Call for Programs to:

Linda Dudman, NYSCHA Conference Planner

ldudman@uhs.rochester.edu

Ph: 585 273-5770 Fax: 585 461-4637



Especially for Exhibitors & Sponsors

The 2007 Combined Annual Meeting provides organizations an excellent opportunity to showcase their product and/or services to individuals from college health centers throughout New York State and New England. If you would like to exhibit or know someone who might be interested, help us by sharing information about the 2007 Combined Annual Meeting. The exhibitor's fee is \$450 if payment is received by June 1, 2007 (\$600 if received after June 1). Tables will be assigned in the order payment is received. Mary Madsen, a NYSCHA Board member, will coordinate the exhibit hall.

Contact Mary at mmadsen@uhs.rochester.edu or 585 275-2196 with questions about exhibiting.

We are also looking for sponsors to help us make the 2007 Annual Meeting be the best it can be. Sponsors can choose to pay an honorarium and/or travel for a speaker; provide conference binders, bags, or other items for attendees; host catered event; or loan or pay the rental for an LCD projector. Information about exhibiting is on the NYSCHA web site. Contact Linda Dudman, NYSCHA Conference Planner, with questions about being a conference sponsor.

★ ★ ★ ACROSS THE STATES ★ ★ ★

CONNECTICUT

Joleen M. Nevers, MAEd

Patricia McKenna-Grant is the new Director for Health Education and the Women's Center at The University of Hartford. McKenna-Grant hails from New London, Connecticut and has been in the field of student affairs within higher education for over 10 years. McKenna-Grant is a graduate from the University of Connecticut with a degree in English and a minor in Criminology and Health Education. She received her Masters degree in psychology from The University of Hartford.

McKenna-Grants' areas of specialty include; Eating Disorder Awareness and Prevention, Sexual Assault/Rape Crisis Intervention and Prevention, Sexual Health Awareness and Prevention of STD's and STI's, Domestic Violence and Relationship Violence Awareness and Prevention, Mental Health Awareness and Prevention, Leadership Training/Workshops, and Diversity Training/Workshops. She is also a self-defense instructor for R.A.D. (Rape Aggressor Defense) at the university and is a member of the adjunct faculty staff within the Department of Psychology for the School of Arts and Sciences.

McKenna-Grant is also affiliated with various community and national professional organizations including NASPA (National Association of Student Personnel Administrators), WISA (Women in Student Affairs), and NEACUHO (New England Association of College and University Housing Officers). CONNSACS (Connecticut Sexual Assault Crisis Services), NEDA (National Eating Disorder Association), ACHA, and NECHA.

MAINE

Lisa Lisius, RN

University of Maine Farmington

The Maine College Health Association is busy preparing for our Annual Spring Conference. The 2007 conference will be held on Friday, May 4th on the University of Maine Farmington campus. Stay tuned for details on programming including sessions on DBT training and motivational interviewing - with the infamous, Dr. William Clark! For more information, contact me at lblisius@maine.edu.

MASSACHUSETTS

Gerri Taylor, MA, APRN

We all continue to update our crisis and pandemic planning. Massachusetts Com-

missioner of Health and Human Services Paul Cote and Hospital Preparedness Coordinator Dr. Lisa Stone gave presentations at the February 6 CHAND meeting. CHAND (College Health Association of Nurse Directors in Massachusetts) represents approximately 50 colleges. Commissioner Cote presented an update on pandemic policy issues and a summary of overall planning components. Dr. Stone updated us on the state's pandemic planning efforts. Babson College hosted the afternoon meeting. Representatives from other colleges are also invited to attend future meetings. If you'd like more information about CHAND, please contact me at gtaylor@bentley.edu.

The summer of 2006 saw some big changes at the Tufts University Health Service. The Health Service and Counseling and Mental Health were integrated into one joint program, overseen by Michelle Bowdler, MSPH. Michelle's new position is Senior Director for Health and Wellness. Julie Ross PhD, was hired as the new Director of Counseling and Mental Health Service while Dr. Margaret Higham remains the Medical Director. At the same time, Health and Wellness Center implemented the transition to an electronic medical record system. The new system is now well underway and paper charts are quickly disappearing.

Jessica Greher, Coordinator of Alcohol and Other Drug Prevention Programs at Bentley College, received one of the eight national excellence awards from AlcoholEdu. She was instrumental in achieving a 99% compliance rate for completion of the pre-matriculation educational requirement for incoming first year students. She accomplished this with the support of the Dean of Students Andrew Shepardson, who applied housing probation to those not completing the program. Only 4 out of 900+ students did not complete the program in the required time. Jessica also worked with Adam Fertman to develop a new tool for judicial hearing officers to assess risk level of alcohol offenders. The tool is called RED-FLAGS - a questionnaire which assesses students on the parameters of *Relationships*, work and academic *Expectations*, *Drinking* or *Drug Use*, *Forgetting*, *Losing* count of number of drinks, drinking *Alone*, feeling *Guilty*, experiencing *Sleep* problems. If you want more information on the tool and use of it, email Jessica at jgreher@bentley.edu.

Boston College also announced a new training through Spaulding for Children, Infant Adoption Training Initiative/Understanding Infant Adoption. It covers adoption laws,

birthfather's rights and other issues for counseling pregnant women who are not sure that they want to parent a child. CEUs are available. Registration is online at www.IAATP.com. The program will take place at Boston College, Cushing Hall 207 on March 8, 2007 from 9:00 a.m.-1:00 p.m. - continental breakfast will be available.

Boston College is also hosting a service awards program on March 7 for heroes for humanity for recognizing individuals involved in community service activities. The Art of Living Foundation is sponsoring this event in recognition of their silver jubilee celebration in the US. Winners will be invited to a larger gala event at the Kennedy Center in Washington, DC in March.

MIT Medical's annual three-month, team-oriented fitness challenge *Getfit@mitis* off to a great start, for the third year in a row! Online team registration ended on January 17 with almost 2,300 participants on 335 teams. Students, faculty, staff, or family members older than 16 can join a team. Registrants get a free tee-shirt and have opportunities to win weekly team and individual prizes, including gift certificates to sporting goods stores and restaurants, and fitness-related prizes such as pedometers, dance lessons, and passes to ski areas and skating rinks.

Participants keep track of their exercise minutes for each week of the challenge online, through the getfit@mit Web site. Participants are encouraged to exercise 150 minutes during the first week, working up to 300 minutes. At the end of the challenge, the grand prize will be awarded to a team drawn at random from among all teams meeting a minimum exercise goal for at least 10 out of 12 weeks.

"The *getfit@mit* challenge is intended to encourage exercise when the cold weather and short days make it more difficult to stay active," explains Maryanne Kirkbride, MIT's clinical director for campus life. "It's a chance for participants to start making exercise a regular part of their lives, a habit." In fact, of the 70 percent of *getfit* participants who began exercising more as a result of the 2005 challenge, almost half continued exercising at this increased level for the rest of the year, right up until the 2006 challenge began. Additionally, about a quarter of participants in each previous year have reported losing weight, reducing stress levels, and sleeping better. About 40 percent reported improvements in general mood.

★ ★ ★ ACROSS THE STATES ★ ★ ★

NEW HAMPSHIRE

*Deb Coltey, ARNP
Clinical Supervisor, Ctr for Health & Wellness
Keene State College*

The Center for Health and Wellness at Keene State College has begun offering the vaccine for HPV (Gardasil) free of charge through the state of New Hampshire's Immunization Program. New Hampshire is the first state in the country to provide Gardasil under their immunization program. Since becoming a provider for this vaccine, our students 18 or younger are now eligible for Gardasil as well as all of the other state vaccines including Menactra.

Gardasil is a series of three doses over a six month period. The second dose should be given two months after the first, and the third dose is given six months after the first dose. Gardasil provides protection against HPV types 16 and 18 that cause 70% of cervical cancers and types 6 and 11 which cause 90% of genital warts. Ideally, HPV vaccine should be administered before onset of sexual activity, but sexually active females should still be vaccinated.

Although we are offering Gardasil for all of our female students, only those that are still 18 are eligible for the free vaccination. The student does *not* have to have a primary residence in New Hampshire, therefore, all female students who are still 18 are eligible.

Vaccinating freshman females is an important step in providing protection against HPV. All schools in New Hampshire are eligible to become vaccine providers. Contact the NH Immunization Program at www.dhhs.state.nh.us/DHHS/IMMUNIZATION or call 603 271-4482.

RHODE ISLAND

Ellen Reynolds, MS

After completing one of the busiest fall semesters to date at the University of Rhode Island (URI), it appears the spring semester will continue the trend! We are looking forward to adding GARDASIL®, the new Human Papillomavirus (Types 6, 11, 16, 18) Recombinant Vaccine to our formulary.

URI also said goodbye and best wishes to Jen Hidalgo, Information Specialist, who transferred to Rhode Island College to pursue her field of specialty and to be closer to home.

This past fall, URI unveiled its new Emergency Medical Services (EMS) headquarters. The \$1.4M project was completed on time and will serve as the headquarters for URIEMS, housing the ambulance and staff. The building has a large garage bay, office space, classroom/training room, kitchen, lounge and sleeping quarters for the crew.

URI is also proud to announce that Charles (Chad) Henderson, Director of URI Health Services, is officially on the ballot for President-Elect of American College Health Association (ACHA). I encourage all ACHA members to vote for Chad; voting will open to ACHA members in March and run through April 2007.

Johnson & Wales University hosted the Tri-State College Health Consortium on February 7th. Dr. Michelle A. Lally, who serves as Assistant Professor of Medicine at the Brown University School of Medicine presented a talk on the new HPV vaccine. Merck sponsored the event.

The University of Rhode Island will be hosting the Tri-State College Health Consortium on Wednesday, March 7th. The group will view the Century Project, a series of nude photographs accompanied by highly personal and moving statements by women whose lives span 100 years. For more information, visit: www.thecenturyproject.com

VERMONT

*Deb Choma, RN
Director, Wellness Center
Castleton College*

I started the Safe Ride Program at Castleton State College ten years ago in memory of my nephew Ian, who was living with me here in Vermont. Ian was killed by a drunk driver in a boat. We searched for his body for three days. Need I say anymore?!? I felt I needed to turn my heart wrenching grief into something positive and Safe Ride became the perfect avenue for me. When I first attempted to start the program I was told by some that I was condoning drinking.....I was encouraging partying..... I was starting a taxi service.....and there were more negative comments.....I answered all the above with this statement.

"We are living and working in a teaching community.; it's all about teaching our students to be responsible, " I replied. For the past ten years, we have been running taxis

every Thursday, Friday and Saturday night from 10:00pm - 2:00am. The service is run by all volunteer students and covers a 15- 20 mile radius from campus. She students call the Wellness Center, tell us where they are, we go pick them up, and bring them safely back to campus. We have literally prevented fist fights, rapes, drunk driving and some very BAD situations.

We have safely driven at least 6,000 of our students back to campus and never had to transport any of them to the hospital so we must be doing something right!! There are three other colleges that have replicated the program and I am hoping to soft sell it to other campuses. For more information, please contact me at 802 468 1313 or by email at deb.choma@castleton.edu.

*Randy Anselmo, MD
Director, Student Health Services
Bennington College*

Bennington College is happy to announce that Laurie Lynn, RN, has joined the staff as the new day nurse. She brings a great deal of positive energy and has been well received by students.

Bennington has also succeeded in bringing two new CNM providers for female students. Amy Kranick and Kim Griffin of Women's View Midwifery have recently joined us.

Last term, Bennington welcomed April Stein, PhD as the new Director of Psychological Counseling Services. April is an alumna of Bennington College and thus has a good working knowledge of community dynamics and challenges.

A new meditation space will provide great space for the stress reduction workshops I run each semester. The Health And Wellness Committee put together a fabulous "Wellness Week" last fall and is planning a "How to Help a Friend" series of events during the spring term to address common medical and psychologic issues faced by students and community-oriented approaches to dealing with them.



NECHA News

is published 3x/year with its Fall, Winter, & Spring/Summer issues. Contributions of college health interest are welcomed!
For details, contact Julie@nechonline.org Deadline: April 3 for the spring/summer issue (May 1) - no foolin'!

NEW ENGLAND'S OWN CHAD HENDERSON SEEKS ACHA PRESIDENT-ELECT POSITION



On January 3rd, the ACHA Nominating Committee had the pleasure of announcing this year's slate of candidates for ACHA's national offices. Region V stands especially tall during the March-April election as Chad Henderson, Director of Health Service at University of Rhode Island and current ACHA Vice President, offers his candidacy for the position of ACHA President-elect. Those who know and/or work with Chad use words like "exceptional", "outstanding", and "superb" to describe his student-centered philosophy and passion for advancing the field of college health.

In 1998, Chad began directing the URI Health Service and has spearheaded several important initiatives on his campus and in the surrounding community. Chad served on the NECHA Board from 1998 – 2006 and actively participated as a Member-at-Large, President-elect, President, Past President, and Region V Representative to ACHA. His very diligent work as a

Region V Rep likely gave Chad an opportunity to not only gain insight into the inner workings of our national office but also to consider the ways in which he might offer his talents and skills on the national level. In 2006, he was successfully elected Vice President of ACHA.

As President-elect, followed by holding the offices of President and Past-President, Chad will be committed to continuing his work on the national level for the next 3 years. His plans include building the membership and implementing ACHA's strategic goals. Although Chad is an unopposed candidate, your vote during the March-April election will certainly send a message of support to Chad and the ACHA Administration. As Region V, we have a great deal to be proud of in Chad's willingness to serve. As colleagues in college health we have a great deal to look forward to from ACHA in the not too distant future knowing that Chad will be at the helm!

Vanessa Britto, MD, MSc
Region V Representative, ACHA Nominating Committee

 AMERICAN COLLEGE HEALTH ASSOCIATION

Get Out The Vote

ACHA has announced the slate of candidates for 2007-2008 officers.

An official ballot, containing detailed information about the candidates, will be available to all eligible voting members by mid-March at the ACHA Web site.

acha.org

NECHA Psych SERVICE CORNER, continued from page 2

As college and university mental health professionals, there are many exciting and demanding issues facing us today. Working with diversity, developing quality outreach and screening services to find young people in trouble with depression, anxiety, suicide and substance abuse, developing greater sensitivity and competency within our staffs, looking at outcome measures and trying to gather meaningful information and research about the unique aspects of our work and the population we serve, are the beginning of a list of current issues.

In my last decade of doing this work, I am struck with how many talented and dedicated professionals we have working in our field. At the same time, however, I feel as though we tend to work within certain isolation, busily doing our work, within the framework and culture of each individual institution. I hope that we at NECHA can gradually get us together.

Moving forward, I will be working with NECHA's new President, Bryant Ford, PhD. We plan to begin a series of small gatherings of New England college and university professionals in order to brainstorm and facilitate the process. If you would like to join us for these gatherings or if you have any feedback or suggestions, please contact Bryant (Bryant.Ford@dartmouth.edu) or me. We are looking for any and all of the help we can get.

It is also our plan to have some time set aside at each annual meeting for discussion, updates, and further planning about this process. If you are planning on attending the NECHA/NYSCHA Combined Annual Meeting this October, please join us for more sharing of these and other new developments and ideas.

Respectfully submitted,
John Miner, MD
Co-Director, Psychological
Counseling Services, Williams College
john.a.miner@williams.edu

FROM THE ACHA REGION V REPRESENTATIVE

Brooke Durland, MD, ACHA Representative for Region V, attended the ACHA Board of Directors meeting February 9-11 in Baltimore. She brought with her, issues, concerns, suggestions, and feedback from Region V. Stay tuned to the spring issue of *NECHA News* for Dr. Durland's update from the national tier.

COLLEGE HEALTH POSITION OPENING

AOD Position Eastern Connecticut State University Coordinator, Substance Abuse Prevention Programs



Eastern Connecticut State University is seeking applications for the position of Coordinator, Substance Abuse Prevention Programs. Under the supervision of the Vice-President for Student Affairs or designee, the Coordinator is responsible for the design and implementation of Alcohol and Other Drug prevention and education programs for the student community, providing initial assessment and treatment referral assistance to students; and organizing and monitoring the random drug testing program for student athletes. The Coordinator develops relationships with community agencies and administers grant funds to develop and expand substance abuse services.

Minimum Requirements:

Master's Degree required in fields related to student services, drug and alcohol education and assessment, and health education. Three to five years experience with increasing responsibilities is required. State certification in drug, and/or alcohol counseling preferred, demonstrated strong organizational skills, excellent speaking and writing ability essential as well as demonstrated ability to relate to students, faculty and staff. Qualifications may be waived for individuals with appropriate alternate experience.

Formal consideration of completed applications begins on February 1, 2007. Search will remain open until position is filled. Completed applications must include a letter of interest, resume and three current letters of recommendation to:

*Anne M. Patti, PhD Search Committee Chair
Counseling and Psychological Services Eastern Connecticut State University
83 Windham Street Willimantic, CT 06226*

Eastern Connecticut State University is an Affirmative Action/Equal Opportunity Employer. Candidates from under-represented populations are encouraged to apply.

Mystic!

WATCH THE DATE



October 29-31
NECHA's 2008
Annual Meeting
takes place in

Mystic, Connecticut at the
MYSTIC MARRIOTT HOTEL -
home of the infamous
ELIZABETH ARDEN
RED DOOR SPA



A fabulous hotel to match the
quality of programming you've
come to know at
NECHA Annual Meetings.



On August 5, 2006, the Sexual Abuse Awareness Program (SAAP) at Dartmouth sponsored its 3rd Annual Consent Day. The event took place on Greek Row from 2:00–5:00pm. This outdoor student event, exclusive to the sophomore class, has been extremely successful. The Consent Day schedule includes bands, barbeques, information tables, games, and a "Consensual Sex is Hot" t-shirt give-away. Consent Day is one entry point to begin the dialogue on sexual abuse and dating violence at Dartmouth. The CD Committee rallied students, staff, and faculty together in order to encourage the entire Dartmouth community to stand up and speak out against sexual assault.

The event was organized by a host of students from the class of 2008; as the SAAP Coordinator, I supervised the event. The committee received approximately \$3900 in donations from Dartmouth student affairs departments, and student organizations. During the event, students signed a pledge that indicates the following ideals related to consensual sex:

- It is wanted and freely chosen
- It is without coercion or manipulation
- It is given only when one's mind is in a state that is unaffected by outside influences

Students signing the pledge agree that non-consensual sexual behavior constitutes sexual assault. In addition, they agree to educate people, who ask about t-shirt, that sex should be mutually pleasurable!

The event also included informational booths where students could get community and campus resource information on counseling, post-sexual assault medical examinations, evidence collection, and dating/sexual violence crisis counseling and advocacy. A few other booths were designed to educate students about sexual violence through game related activities.

"Consensual Scavenger Hunt", "Consensual Piñata", and "Consensual Twister" were a few examples of the games played that day. "Consensual Twister", a take on the old time favorite "Twister", required students to get consent in order to make their next move on the mat. Students took turns spinning the arrow on categories that were color coded. A couple of those categories were "Can I kiss you" and "Can I touch your..." Upon landing on a color coded-category students could then move a leg, or hand to a different location on the board.

Consent Day served approximately 550 students as well as various members of the Dartmouth College administration and faculty.

Leah Prescott, Coordinator, Sexual Abuse Awareness Program Dartmouth College

Note: A full-color picture of the Consensual Twister game can be viewed on Page 8— just turn the page!

3rd Annual Consent Day

NECHA GRANT CALL for PROPOSALS

Open to the College Health Community

The 2007 NECHA Grant Committee invites you to respond to our Annual Grant Call for Proposals. The purpose of the grant proposal is to assist schools in improving the quality and delivery of student health services and promoting innovative health programming within New England's college health community.

The Board invites New England members to propose projects at grant-funded levels up to \$1,000. The total number and size of awards will be based on merit, need, and the number of proposals received. Grant projects should produce benefits with wide application for college health.

Projects that involve student participation and a multi-disciplined/multi-departmental approach to address shared concerns are especially encouraged.

Recent recipients of the NECHA Grant include Pine Manor College and Babson College.

Proposals should include description of the program and goals, use of funds, and relevance to college health. Deadline for proposals: **May 31, 2007.**

Bryant Ford, PhD
NECHA President

Chair, NECHA Grant Committee
603 650-1442 bryant.ford@dartmouth.edu



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3rd Annual Consent Day—Dartmouth College