



News



New England, New Logo...

Spring/Summer 2008



Bryant Ford, PhD

Spring is here! It is difficult to believe at times, given the winter season we've had in New England. I love everything associated with spring—warm weather, budding flowers and plants, and buzzing bees. And speaking of buzzing, the New England College Health Association is abuzz with activity this season. Since our last publication, NECHA members

have been diligently working on board-related business, committee projects, and finalizing the program for this fall's Annual Meeting.

NECHA ANNUAL MEETING, OCTOBER 29-31

NECHA's Annual Meeting Planning Committee met at Mount Holyoke College on March 7 to discuss proposals and programming ideas. President-Elect and Program Chair Ellen Reynolds, along with Administrative Director Julie Basol, led us through the process. We received numerous proposals leading up to the meeting and the committee was brimming with further ideas to round out the programming. They did a great job evaluating proposals, tweaking topic direction, and suggesting additional speakers to give certain sessions wider appeal. Everyone left the meeting with their homework to complete over the next 30 days.

In the following weeks, Ellen and Julie will be following up with presenters, finalizing the agenda, and begin to ready the continuing education application. With a year off from planning, the Committee has raised the bar for the 2008 Annual Meeting and we hope you will join us! We are pleased to be back in Connecticut, this time at the beautiful Mystic Marriott Hotel. Please mark your calendars and continue to monitor our Web page for updates throughout the summer.

MAINE COLLEGE HEALTH ASSOCIATION ANNUAL MEETING

The Maine College Health Association held their 2008 Annual Conference on Friday, May 2 at Bates College. Chaired by Bates Student Health Center Director, Chris Tisdale, the day-long con-

ference included a discussion with Maine state officials about requiring health insurance for students attending college in the state. I was pleased to attend the conference in Lewiston, meet several new college health professionals, and support MCHA.

ACHA ANNUAL MEETING - JUNE 3-7, 2008

Partners Under the Palms is a fitting theme for the American College Health Association's Annual Meeting in June. Convening in Orlando, Florida, the Meeting includes dynamic educational keynotes and concurrences; the location will provide a great reprieve from winter!

Aside from programming, the Meeting will provide NECHA's Executive Board Members the opportunity to learn more about the new initiatives coming down the pipeline from ACHA. This meeting will also be memorable as two past presidents from NECHA will become ACHA Fellows. University of Rhode Island SHS Director and current ACHA President-Elect Chad Henderson along with Peter Nobes from The University of Vermont will become part of this year's class of fellows. Both past presidents of NECHA, we congratulate them on their exceptional work and dedication to college health.

After the ACHA Meeting, the NECHA Board meets the following week (June 13) to address fiscal and organizational matters related to our organization. Throughout the summer, many NECHA committees - grants, awards, and elections - will continue working on projects in preparation for our Annual Meeting this fall.

The Board takes great pride in serving you and welcome your feedback. If you have any questions, please feel free to contact me. I hope to see you in Orlando and Mystic. Take good care and have an enjoyable summer!

Bryant Ford, NECHA President

Bryant.Ford@Dartmouth.edu

603-646-9442



VOLUNTEER LEADERSHIP: GETTING INVOLVED

Chad Henderson, MBA
Director, Health Services
University of Rhode Island
President-Elect, ACHA

I joined college health in 1997 after a 28-year career as a Naval Officer. I wanted to remain around young people and hoped to make a difference in their lives. In 1997 I attended my first NECHA meeting in Worcester, Mass. where I met so many great colleagues, I knew I wanted to be-

come involved. I was fortunate to be elected to the NECHA Board in 1998 and over the years progressed to President-elect, President, Past President, and Regional Representative to the ACHA Board of Directors. The enthusiasm and support of members from across New England and our own Julie Basol has made the trip a fantastic experience.

"My opportunity to get involved in volunteer leadership has been enhanced by working for an institution that believes in and supports such efforts."

As Regional Representative on the ACHA Board, I broadened my horizon to the national and actually, international level. I met colleagues from across the globe who were enthusiastic and profoundly knowledgeable. I was pleased to be the Board Liaison to the Volunteer Leadership Infrastructure Review Committee (VLIRC) and later the Co-Presidential Advisor on Affiliate Issues, which has lead to all affiliates being united members; hopefully the incorporation of each affiliate; and resolution of other issues including board liability and IRS reporting.

(continued on page 6)



Happy Spring! We've finally seen the snowdrifts melt away and the trees and shrubs...and our students are suddenly filled with extra energy and excitement as we sprint from spring break to finals and graduation. I know this brings a lot of extra work and planning for all of us working in Psych Services. Good luck!

As I've checked in with colleagues across Region V, it seems like this has been an unusually busy year for people working in Psych Services. It appears that the numbers of students seeking services this year has jumped above the usual gradual increase. That's certainly been true at Williams College. As a result, we recently shortened our therapy sessions and our medication visits, which allowed us to see 25% more student visits each week. This has been a burden to our staff, but was the only workable solution we could do without creating a waiting list, referring students out or going through a hiring/orienting process on short notice. This will, of course, raise staffing concerns which, as you well know, becomes a difficult and time consuming negotiation.

It's unclear to me how to account for this increase in demand. I would like to think it's because of increasing awareness of the impact of stress and mental illness on college students as well as a reduction in stigma associated with asking for help. But I suspect it likely more influenced by the increasing stresses of our culture and world, along with an increasing awareness that college is not the safe and protected place that parents, students and communities have assumed.

The new National College Health Assessment (NCHA) for the survey of spring 2007 was just published in the March/April issue of the *ACHA Journal*, which confirms that college can be a very stressful and distressing experience. The data look very similar to the 2006 data - the 10 greatest impediments to academic functioning are still essentially the same and eight out of the ten are emotionally, psychologically and behaviorally based.

Several of these topics will be taken up at the ACHA Annual Meeting in Orlando next month, where many of the presentations are targeted at addressing stress, distress, and problematic coping behaviors. ACHA.org has the program on its Web site for your review.

One of the most exciting developments that will also be discussed at ACHA's Meeting will be a report from the ACHA Board of Directors planning meeting for a College Mental Health Summit, to be held sometime this next year. As you may know, there are many professional organizations involved in the mental health needs of college students and representatives from six of these organizations: ACCA, ACPA, APA(Psychiatry), APA (Psychology), AUCCCD, and NASPA met with ACHA leadership to begin to think about how we can collaborate in many aspects of clinical work and policy making. There seemed to be a lot of positive energy and a genuine acknowledgement of the need to work collaboratively. Stay tuned!

We plan to bring much of this information...and more... to the NECHA 2008 Annual Meeting in Mystic, Connecticut this fall. The Planning Committee is working feverishly to pull together an exciting and informative program for all of us working in New England college health. It looks like we will have a Pre-Meeting workshop (Wednesday morning, Oct. 29) for mental health professionals, where we can have a more extended and in-depth time together learning about aspects of providing mental health services in colleges and universities. Mark your calendars for October 29-31 and plan to attend.

If your campus has a chapter of Active Minds (activeminds.org), please encourage them to be in touch with Julie Basol or myself. We're planning a presentation on what these student organizations can do and how to get them started on your campus.

By the time this issue of NECHA News reaches you, I expect your semester will be nearly over. I hope to see many of you in Orlando in June and Mystic in the fall. Enjoy the summer.

John Miner, MD
Co-Director, Psychological Counseling Services
Williams College
NECHA Member-at-Large

ACHA Mental Health Section Program Planner & Chair-Elect

IS IT IMPORTANT FOR THE COLLEGE HEALTH CLINIC TO BE PART OF STUDENT AFFAIRS?

Christine M. Burke, MED, CHES
Director, Center for Health & Wellness
Keene State College

At a recent mid-year retreat with fellow directors in Student Affairs the question was posed to all of us - Athletics, Residential Life, Admissions, Student Activities, Counseling, Disability Services and the Center for Health and Wellness, what would it be like for your department if you were not a part of the division of Student Affairs? After several nervous glances amongst us and some assurance from our Vice President that this was not a preliminary restructuring conversation, the question enabled some thoughtful discussion.

The simple truth is that the Center for Health and Wellness at Keene State College would not be able to achieve its mission and objectives if we were not a part of the Student Affairs division. Like many other institutions, Keene State College, is emerged in the concepts of assessment, student learning outcomes, and finding ways of assuring that what we do has a very deliberate educational purpose. We are also in the beginning stages of our self study for our NEASC accreditation visit in 2010.

The Center for Health and Wellness, which includes our clinic and health education program, has been purposeful in our planning and our assessment to ensure that every interaction we have with students has an educational purpose. Why do we do this? The simple answer is because we need to in order to ensure our continual spot on the valuable asset radar screen

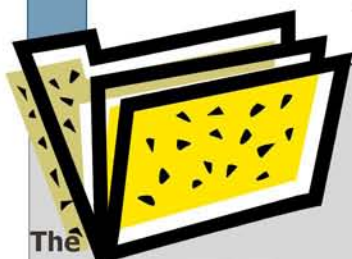
of the institution. This deeper answer, however, has more to do with the reason that I think most of us first began working in college health.

In 2004 when I assumed the director's role of the health center, one of the most evident issues facing me was how seemingly disconnected the staff in the clinic was to the rest of the college. Operating in virtual seclusion, the clinic had been treating the illness that presented itself without any connect to the world from which the illness had come - the college campus. Since that time I have put great energy into bridging that gap. Some of our initial strategies (offering each staff member the opportunity to serve on a campus committee, conducting the ACHA NCHA assessment, participation in a service learning project with Seminar in Health Communication COMM 495, implementation of the CAS Standards for Clinical Health Services) have laid the foundation for our biggest integration effort yet.

In the spring of 2006 the Vice President of Student Affairs invited one of the author's of *Learning Reconsidered 2*, Jane Fried, to spend the day with the Student Affairs staff. We spent our time exploring the concept of measurable student learning outcomes and how to apply them to our everyday work. In the development of students from dependents to interdependent individuals the following areas need deliberate attention: Cognitive Complexity; Knowledge Acquisition, Integration and Application; Humanitarianism; Civic Engagement; Interpersonal and Intrapersonal Competence; Practical Competence; Persistence and Academic Achievement.

For some of the work we do, the connection to these developmental concepts is easy; for others, not so much. For example, as we looked to pilot a self-care cold station on campus, my staff and I spent some purposeful planning to determine how we could measure the implementation of this program to student learning.

(continued on page 4)



The ADMIN FILES

..... & New Location Too!

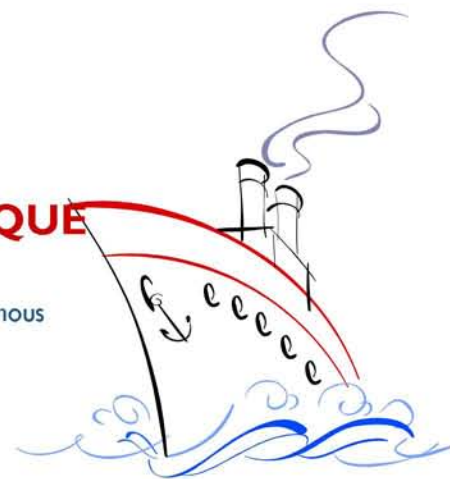
NECHA 2008 Annual Meeting

THE COLLEGE HEALTH MYSTIQUE

October 29-31

Mystic Marriott Hotel in Mystic, Connecticut home of the famous
~ Elizabeth Arden Red Door Spa ~

Catch the Preliminary Line Up at
www.NECHAonline.org



Annual Meeting Update

The Planning Committee met at Mount Holyoke College on Friday, March 7 to set the programming stage NECHA's 2008 Annual Meeting this fall. Over the past six weeks, we have poured over the 60+ programs and are working to trim the list to 45. Great responses to the call for proposals...hard decisions in making the cuts!

Stay tuned over the course of the summer for updates on our Web site along with our special very-early registration through September 1!

Ellen Reynolds, MS
Chair, 2008 NECHA Annual Meeting

Special thanks to Karen Jacobus & Kate Bryda for hosting us on their campus!

ANNOUNCING:

No Additional Charge!

ONE of TWO

PRE-MEETING WORKSHOPS

Wednesday morning, October 29



Media Relations: The Good, the Bad, & the Ugly

College Health professionals are often called upon to respond to media inquiries on national, campus community, or specific health events. The encounters need not be seen as threatening.

The media wants to get the story out, you want to get it out with accuracy and understanding, these need not be mutually exclusive events. The media can also be extremely helpful in

enlightening the campus and community to issues/situations of concern or interest. Building links with the media takes collaboration and coordination.

Examples of recent media interest areas include: MRSA, infectious diseases, eating disorders, DRA impact on cost of oral contraceptives, violence on campus.

The **two-part program** will allow the participant to gain hands-on experience with media relations:

A **pre-meeting session** will focus on establishing relationships with campus relations office as well as media sources. Participants will experience responding to media inquiries as well as initiating news releases.

A **follow-up session** (on Friday morning) will allow for critique of the edited experience from the pre-meeting session. Discussion will focus on opportunities to enhance the communication experience.

The 2 sessions will include participation by URI Journalism 330 (Television News) students and former news reporter and now professor, Barbara Meagher, in discussion and role play. URI media specialist Dave Lavallee will join SHS Director, Chad Henderson, and Medical Director, Dr. Fred Procopio in the presentations.

Men's Health: Zebras in the
College Population
Art Klossner, PA-C, MS
Suffolk University

Transgender Issues in College
Health: A Primer for
Understanding & Service Delivery
P. Davis Smith, MD
Wesleyan University
Samuel Lurie, MEd

Campus Sexual Assault Response
Teams: Working Together to
Provide a Multidisciplinary,
Best Practice Service
Donna Barry, RN, APN-C, FN-CSA
Montclair State University

Managing Eating Disorders with
Varying Campus Resources
Claudette Peck, LCMHC, RD, LD
Bryant Ford, PhD
Dartmouth College

QPR for Suicide Prevention:
Ask a Question, Save a Life
Chad Waxman, MS, CAS
Mass. Institute for Technology

Creating a Framework for
Campus Safety: Review of the
Virginia Tech Mass Shootings
David McBride, MD
Boston University

National Alcohol Screening Day:
An Interdisciplinary Approach
to Brief Screening & Intervention
Among College Students
Ryan Travia, MEd
Harvard University

Electronic Medical Record:
All you ever needed to know,
including how to capture the
revenue you deserve!
Ellen Reynolds, MS
University of Rhode Island

Evidenced-Based Campus
Suicide Prevention:
A Comprehensive Approach
Leah Horn, MPH, CHES
Suicide Prevention Resource Center-EDC

+ much, much more!!!

~ Sneak Peak Lineup ~

Health Promotion Notion

As the new Director of Student Wellness and Alcohol and Drug Education at Connecticut College, I intend to

build upon the foundation I started as the health educator over the past two and half years. My goals are to:

1) foster collaboration within our campus community; 2) educate and inspire students to make healthy choices; 3) work with students to learn to live a balanced lifestyle. I began my new position in January 2008 and it has been a smooth transition, especially since the college community has been tremendously supportive and eager to collaborate.

My first objective has been to assess and evaluate the current state of wellness on campus. This includes working closely with staff and students in assessing alcohol and drug use on campus as well as review policies and sanctions for alcohol and drug violations with the judicial task force review committee. In addition, the Campus Wellness Committee, which is comprised of faculty, staff, and students, is working to review the current alcohol policy and make recommendations for improvement. With strong support from President Lee Higdon, the Dean of College Community Armando Bengochea, as well as support from the students, we are moving forward in their efforts in addressing alcohol use on campus.

My office recently collaborated with the Gender and Women's Studies office in support for their sexual assault conference on campus March 27-28 which proved to be an effective forum for bringing awareness to the issue on campus, gaining support for education and prevention, as well as bring to light to best practices for policy, procedures, and crisis intervention services. As with most successful campus programs, the collaboration between many different departments and offices coupled with the energy and support from the students played an important part in making the conference successful.

I continue my role within the Peer Education student leader program, creating programs that engage the campus community around issues of health and wellness. We are also positioning this group to have a greater role in freshman orientation programs and student leader training.

Finally, a thank you to colleagues in the field for their support in transitioning as the new director. I am involved with various consortia within the community, including ACT WELL, the New London Community and Campus Coalition (NLCCC), and CONN-SACs Connecticut College Consortium Against Sexual Assault (CCASA). All of you have made my work at Connecticut College much more fulfilling and enjoyable!

CC Curtiss, MEd Director of Student Wellness & AOD Education
Connecticut College 860-439-2826

(Admin Files, cont. from page 2)

planning to determine how we could measure the implementation of this program to student learning. By looking at 1) knowledge acquisition and 2) integration and application as student outcomes, we determined that our learning outcome for our work in this area was that "students will be able to absorb health information and integrate it with personal health beliefs and behaviors".

How will we know this happened? Our strategy will include a random follow up survey to those students who utilized the self care station in the past thirty days. With a few simple yes/no questions, we will be able to determine if in fact the students acquired and utilized any information to improve their ability to take care of themselves.

For medical and health education professionals who choose to work with college students, it is critically important to have the opportunity to influence behavior that promotes health and overall wellness. Utilizing some of these strategies in purposeful teaching not only validates what we know in our hearts to be good, it helps to solidify our place in the division of student affairs and in the college as a whole.

MEET THE BOARD MARGARET HIGHAM, MD



M. Higham, MD

My name is Margaret Higham, and I'd like to introduce myself as one of the new Members-at-Large for the NECHA Board of Directors. I have been the medical director of Tufts University Health Service for the past eight years. A pediatrician by training, I have found a very nice niche for myself in college health, where I tell people I take care of the bigger babies!

My father was a professor, so I grew up in academic communities. Being back in an academic setting now makes me feel right at home! After graduating from the University of Michigan with a BA in psychology, I then moved on to Duke University for medical school. Living in the South was quite a cultural shock. I had patients who had never learned to read or write, and the public schools all closed for two weeks in September for tobacco harvest.

I found my psychology studies very useful during my clinical years, as I learned the art of medicine as well as science. For my pediatric residency, I headed back north to the Brown University program at Rhode Island Hospital. During those years I liked to think of myself as the tallest female pediatrician in the smallest state in the country (nothing like being a large frog in a small pond!!!). Residency was followed by a fellowship in Pediatric Infectious Diseases in Boston, where I discovered I really didn't care for academic research, but fortunately loved clinical care.

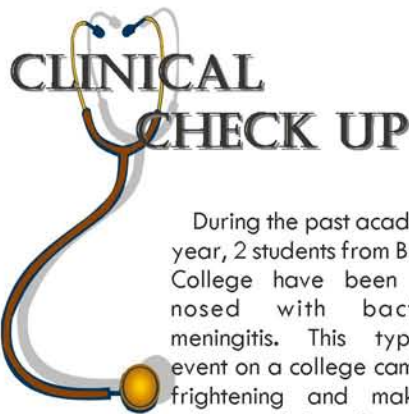
My first job after that lengthy training was as a primary care pediatrician at Harvard Community Health Plan, a large multi-site HMO in the Boston area. I stayed there for 17 years! Eventually I became the Chief of Pediatrics at my site and found out how much I enjoyed the leadership part of my responsibilities. In the position, I found that I enjoyed thinking about how we organized our services and how we could make them better.

Around the turn of the millennium, I began to feel the need to work in a different setting and ended up with my current position as Medical Director at Tufts University Health Service. This being only my second "real job", I love the combination of clinical care and leadership responsibilities - even though

"I like the interdisciplinary aspect of college health"

I often feel that I never quite complete everything on my to-do list. I enjoy the blend of mental health issues and medical dilemmas that come up in college health. I enjoy the students, and as a pediatrician, I'm happy to talk to parents (as long as I have the student's permission!). I find it stimulating to interact with the Dean's office, with Residential Life, with the culture centers, and all the other administrative support services.

I also like the interdisciplinary aspect of college health. Our colleagues come from a variety of different skill sets and trainings, both clinical and administrative, and we each have a distinctive and important viewpoint. College health is all about synergy—the sum is truly greater than the individual parts. Learning about the systems that each of you have creating for your unique and specific environment is endlessly fascinating to me. Thank you for electing me to the Board - and if you see me at a meeting, please come and introduce yourself!



When Meningitis Hits Your Campus

Geraldine S. Taylor MS, APRN

Assistant Dean for Health and Prevention Director, Student Health Services
Bentley College

During the past academic year, 2 students from Bentley College have been diagnosed with bacterial meningitis. This type of event on a college campus is frightening and makes a major and long lasting impact on all members of the community. The effect on family members is extremely traumatic. Although it is rare for two cases to occur in one year – like lightning striking twice in one place – this has happened on several campuses, it is believed, because of the close living situations, students sharing beverages, and not getting enough rest. Massachusetts has a law requiring meningitis vaccine of all incoming first year students living in residence halls and both students who contracted the illness were fully immunized.

The student who had the illness in October developed symptoms at home in New York and succumbed to the disease over a period of hours. The other student who was affected in February is expected to fully recover and return to classes next semester. It is essential that medical staff be alert for not only the classic symptoms of meningitis

but also for the subtle signs – headache which does not resolve with over the counter medication, vomiting with no other etiology, soreness or achiness of the neck (not stiffness) and general malaise. Clinical intuition – knowing when things are just not right or not following the expected course – is often critically important. During flu season, these subtle signs are even harder to attribute to meningitis and need an astute clinician.

The staff at Student Health Services did an outstanding job of providing medical care for the student. They also worked very closely with the Massachusetts Department of Public Health to prevent additional cases through major efforts to notify as many contacts as possible and to educate the campus in prevention and identification of signs and symptoms of this illness. The staff also provided supportive outreach to all of our community through collaboration with offices including Counseling and Student Development, Residence Life, Spiritual Life, Student Life, Public Affairs, Facilities, and Campus Police. The professionals visited all classes which the students attended, activity groups, and residence halls where the students lived.

With each situation, we learned more about how to best reach out to our community. We learned that students and parents need to be educated fully on the benefits of the meningitis vaccines, but also that the current vaccines do not cover all types of bacterial meningitis. These vaccines do not cover type B meningitis or pneumococcal meningitis. There are many misconceptions about bacterial meningitis and we found that clear, concise and complete information was critical to decrease panic and concerns on campus.

A detailed FAQ (frequently asked questions) sheet was extremely helpful. Daily email updates to the campus kept our community informed; the office of Public Affairs was invaluable. To help our staff, we are planning a stress debriefing with a psychologist to assist health service staff members.

We are very grateful to our college health colleagues who reached out to us with their support. In turn, we offer our help to any colleagues who find themselves in this situation in the future.

NOMINATE A COLLEAGUE FOR A 2008 NECHA AWARD

Do you know an outstanding colleague who has made exceptional contributions to their students, institution, and the field of college health?

If so, consider nominating him or her for the NECHA President's or Louise Gazzara awards!

Individuals may be nominated by any member or member institution of ACHA and/or NECHA. Nominations should include background information about the candidate and submitted by letter or email by **May 31, 2008**.

Submit nominations to:

Charley Bradley, RNC, Awards Chair
Dartmouth College Student Health Center
7 Rope Ferry Road #6143 Hanover, NH 03755
or to charley.bradley@dartmouth.edu

WHO WILL WIN THE 2008 NECHA PRESIDENT'S AND LOUISE GAZZARA AWARDS?

Nomination forms available at:

www.NECHAonline.org

Act Now!!!

NECHA GRANT CALL for PROPOSALS Open to the College Health Community

The 2008 NECHA Grant Committee invites you to respond to our Annual Grant Call for Proposals. The purpose of the grant proposal is to assist schools in improving the quality and delivery of student health services and promoting innovative health programming within New England's college health community.

The Board invites New Englander to propose projects at grant-funded levels up to \$1000. The total number and size of awards will be based on merit, need, and the number of proposals received. Grant projects should produce benefits with wide application for college health.

Projects that involve student participation and a multi-disciplined/multi-departmental approach to address shared concerns are especially encouraged.

Recent recipients of the NECHA Grant include Wellesley College, New England College, and Bridgewater State.

Proposals should include description of the program and goals, use of funds, and relevance to college health.

Deadline for proposals: May 31, 2008

Bryant Ford, PhD NECHA President
Chair, NECHA Grant Committee
603 650-1442 bryant.ford@dartmouth.edu

COLLEGE HEALTH POSITION OPENINGS —

complete descriptions of the following positions
(pgs 9-11)

Saint Anselm College Manchester, New Hampshire **Director, College Health Services Center**

Saint Anselm College is seeking a Director of College Health Services. This is a FT 10 or 12-month position, reporting to the VP for Student Affairs. The director is responsible for managing the Health Services Center, including the planning and administration of a wide range of health care and education services and programs, including clinical protocols and other operating policies, procedures and methods, counseling services, prevention-oriented outreach programs, and crisis response in accordance with the mission of the College and institutional objectives. The Director will participate in medical clinical care as needed and appropriate; promote and demonstrate the department's commitment to creating an environment and delivering health related services that value and respects each individual, and integrates a celebration of the diversity of human experiences, backgrounds, and cultures.

Requirements: MS in nursing w/eligibility for state licensure (NP certification pref.), 3-5 years relevant administrative experience in ambulatory care/ED clinical settings and administration of an educational health service, preferably in higher ed.; familiarity with and understanding of traditional Catholic ethical positions.

Application will be accepted until the position is filled.

Anticipated start date: August 1.

Saint Anselm College is an equal opportunity employer dedicated to a policy on non-discrimination in employment.

www.anselm.edu

University of Vermont Burlington, Vermont **Coordinator Women's Health/Primary Care Physician**

UVM's Center for Health and Wellbeing (CHWB) seeks applicants for the 12 month FT position of Coordinator of Women's Health and Primary Care Physician in the Women's Health and Student Health Medical Clinic. This position reports to the Director of Primary Care services and provides primary health care in an outpatient setting to UVM students. The CHWB is accredited by the AAAHC.

We seek an experienced clinician with excellent interpersonal skills, knowledge of the developmental and health issues of young adults, experience with Women's health issues, commitment to collaboration, interdisciplinary teams, diversity and multicultural sensitivity. The successful candidate will be energetic, creative, forward-thinking and able to juggle competing priorities in a dynamic, fast-paced environment.

Responsibilities include: Evaluation, diagnosis, treatment, education and counseling of patients seeking primary and women's health care, coordination of Women's clinic, supervise staff, consultation with mid-level staff; participation in medical audits and the interdisciplinary teams; participation in on-site clinical instruction, precepting nursing and medical students and residents.

For more CHWB information, please visit: www.uvm.edu/health

For further information, or to apply with electronic application, resume and cover letter for position #032312, visit our website at: www.uvmjobs.com

The University of Vermont is an Equal Opportunity/Affirmative Action Employer. Applications from women and people from diverse racial, ethnic and cultural backgrounds are encouraged.

COLBY COLLEGE WATERVILLE, MAINE HEAD NURSE-Health Services Academic Year Position with Benefits, Sept. - May

Garrison-Foster Health Center is an on campus accredited ambulatory clinic and infirmary. The Head Nurse will work with the Medical Director to provide overall management of the Center's activities; oversee general routine care of student patients, assessment, plan and implementing care, give medications, computer utilization, and other daily duties of staff nurses; schedule nursing coverage; recruit and hire staff nurses; prepare/participate in nursing peer review and the education of nursing staff; and work with appropriate offices to write, rewrite, develop and maintain health center procedures and policies. This position reports to the Medical Director for both administrative and clinical duties.

Interested candidates please submit a cover letter and resume, including the names and telephone numbers of 3 references to:

Search Committee -Head Nurse Human Resources Colby College 5500 Mayflower Hill Waterville, ME 04901-8855

To apply electronically send to hr@colby.edu. Review of applications will begin immediately and will continue until position is filled.

Colby is an Equal Opportunity/Affirmative Action employer, committed to excellence through diversity, and strongly encourages applications and nominations of persons of color, women, and members of other under-represented groups.

(Volunteer Leadership, cont. from page 1)

Working with affiliate representatives encouraged me to desire to serve as an ACHA officer. I was successful in being elected Vice President and then President-elect.

During these 2 terms I have had the honor and privilege of representing ACHA at a number of affiliate meetings and serving on the ACHA Annual Meeting Planning Committee. I have traveled to Delaware, OH; Orlando, FL; Sioux Falls, SD; Findlay, IL; Portland, ME; Baltimore, MD; Columbia, MO; San Antonio, TX; Billings, MT; San Francisco, CA; Saratoga, NY; Honolulu, HI; and Boston, MA. At each and every location I have met dedicated professionals who are enthusiastic and committed to meeting the mission of their institutions and the needs of their students. Their key challenges include bal-

ancing needs against resources and dealing with increasing need for mental health services; stress among students; insurance coverage; the increasing cost of pharmaceuticals (including DRA impact on contraceptives); and addressing confidentiality issues across the college community. Without exception all are focused on the students they serve and achieving a balance between parental caring, educating, and developing the decision making/coping skills of students.

So what I have gained by being involved? First, I have met hundreds of wonderful, bright, caring professionals. Second, my horizon has been broadened on our society and the world we are leaving for our youth. Third, I feel that by listening and sharing I have touched many lives that I would have missed. And fourth, while it has

required some effort, it has been FUN.

My opportunity to get involved in volunteer leadership has been enhanced by working for an institution that believes in and supports such efforts, by an incredible management team and staff at Health Services who are empowered and function so well in meeting the mission of the University and needs of the students, and by wonderfully dedicated organization peers and support staffs - Julie at NECHA and the National Office Staff at ACHA. To each and everyone one of them I offer my deepest gratitude and a great big THANK YOU.

And last, when you say ACHA or NECHA should do something, look in a mirror, because ACHA and NECHA is YOU! Volunteer and get involved, you'll be richer for it!

Silent Witness Project Exhibit at Emerson

During the week of March 24 - April 4, the Silent Witness Project was brought to Emerson College through a collaborative effort between the Center for Health & Wellness and Kappa Gamma Chi's Take Back the Night program.

Silent Witness was conceived by a group of women artists and writers in Minneapolis in 1990. Since then, all 50 states have created their own exhibits.

The goal of the Silent Witness Project is to give victims of domestic violence-related homicide a voice and to stop the silence surrounding this issue. We hoped the presence of this exhibit on campus would sensitize the community to the issue of domestic violence and serve as a reminder that domestic violence happens and is real - there are names, faces, and stories to be told.

The exhibit featured 14 individual life-sized silhouettes, including 2 men, 2 children, and 10 women who were murdered in Massachusetts in 2007 due to acts of intimate partner violence. Each silhouette bore the name and the story of one individual including their life, death, and prosecution status of the case. Because these individuals no longer have a voice, the silhouettes are called Silent Witnesses.

Departments with high visibility and foot traffic were recruited to host the exhibit. Participation was excellent across academic, athletic and student support service areas. Maps were available at each host location to assist viewers of the entire exhibit. Additional resource listings were provided at each site as well as in the exhibit publicity. Because exhibits such as this can stir strong feelings, the Counseling Center and the Center for Health & Wellness made additional support services available for individuals with concerns about their own or someone else's relationship.

Some facts about domestic violence:

- Domestic violence has the highest rate of repeat victimization of any crime.
- Nearly half of all female murder victims are killed by a partner or ex-partner.
- About 30 men are killed by a female partner or former partner each year, of which some number are related to

self defense following a history of abuse. Figures show, however, that domestic violence is predominantly violence by men against women.

- Among women, risks of domestic violence do not differ significantly by ethnic origin.
- People in LGBT communities experience domestic violence in similar proportions to the rest of the population.
- Domestic violence occurs across society regardless of age, gender, race, sexuality, wealth and geography.

As clinicians, wellness educators, and counselors, we may be in the position of interacting with students concerned about being in an unhealthy relationship, witnessing a friend or family member in an abusive relationship or suspect that a student may be victimized by a partner. Here are some questions you can ask to start discussion:

REACH Resources:

24-hr. hotline: 1-800-899-4000

www.reachma.org or 781-891-0724

For more info about the Silent Witness

Project contact Laura McAvey,

Coordinator, Wellness Education:

laura_mcavey@emerson.edu

or Jane Powers,

Director, Center for Wellness Education:

jane_powers@emerson.edu



Does your partner...

- Call you names, put you down, or make you feel worthless?
- Blame you for arguments or problems in the relationship?
- Act jealous, accuse you of cheating, or make you feel guilty for spending time with anyone else?
- Threaten you or make you feel afraid?
- Hurt you in ways such as hitting, strangling, pushing, using objects or weapons, forcing sexual acts?
- Control what you do, who you see, where you go, what you wear, how you spend money?

NECHA News

is published 3x/yr with its Fall, Winter, Spring/Summer issues. Contributions of college health interest are welcomed! For details, contact Julie@NECHAonline.org Fall issue deadline: August 1

Extra

NEWS around New England

Extra

time nurse while WPI still operated an infirmary. She assumed the Interim Director position in 2001. She is looking forward to spending time with her husband, Paul, of forty years and her children, Paul, Kara, and Dan. Her two darling granddaughters Lydian and Aileen will be thrilled to have special time with Meme. She will be greatly missed by the WPI health services staff as well as the greater college health community. We all send our best wishes to her!

University of Vermont This past August, Estelle Maartmann-Moe stepped down as Director of the Center for Health & Wellbeing. She remains busy as ever working with on and off-campus resources as UVM moves ahead with pandemic planning. The Assistant Director for Primary Care Services, Jon Porter, MD, serves as Interim Director, while the Office of Student & Campus Life takes a look at the Center's first 10 years to decide how best to search for a new director. To assist in the process they have engaged a consultant who is looking at how best to match a national search with the current and future needs of the campus. The search is expected to begin this fall.

We were pleased to have good attendance from UVM, Middlebury and St. Michaels at the four sessions of College Health Grand Rounds. In April, Richard C. Wasserman, MD presented the final session on *Clinic Culture and Quality of Care*. We're exploring how we can enlarge our Vermont participation through interactive telemed linkage to other sites in the state. Although Cat 1 CME through UVM Continuing Medical Education was approved for these sessions, if we work with ACHA Continuing Education, we may be able to offer the other credits for administration, nursing, and mental health professions in the future.

Worcester Polytechnic Institute Sharon Cahill, RN has retired from Worcester Polytechnic Institute after 23 years of services as a registered nurse. Sharon joined WPI in December of 1984 as a part-

time nurse while WPI still operated an infirmary. She assumed the Interim Director position in 2001. She is looking forward to spending time with her husband, Paul, of forty years and her children, Paul, Kara, and Dan. Her two darling granddaughters Lydian and Aileen will be thrilled to have special time with Meme. She will be greatly missed by the WPI health services staff as well as the greater college health community. We all send our best wishes to her!

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* = year one of a 2-yr term

** = year two of a 2-yr term

2007-2008 NECHA Board

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Margaret Higham, Christine Burke,
Bryant Ford.

L to R, back row: Joleen Nevers, Ellen
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Vanessa Britto.



NEW ENGLAND COLLEGE HEALTH ASSOCIATION
2008 ~ ANNUAL MEETING ~ 2008
THE COLLEGE HEALTH MYSTIQUE
Mystic, Connecticut October 29-31
Preliminary Program on line!
www.NECHAonline.org



St. Anselm College: Director, College Health Services Center

College Information:

Founded in 1889, Saint Anselm College is a Benedictine, Catholic, liberal arts college focused on undergraduate education. Its nationally recognized Humanities Program challenges students to think critically about questions of value, moral choice and human greatness. The college's Benedictine heritage is reflected in long-standing traditions of hospitality, community service and citizenship. The third oldest Catholic college in New England, Saint Anselm enrolls just under 2,000 students. The college employs 177 faculty and 450 staff. Saint Anselm College is located on 400 acres, conveniently located 10 minutes from Manchester Airport and one hour from Boston.

Job Duties

Saint Anselm College is seeking a Director of College Health Services. This is a full-time 10 or 12-month position, reporting to the Vice President for Student Affairs. The director is responsible for managing the College Health Services Center, including the planning and administration of a wide range of health care and education services and programs, including clinical protocols and other operating policies, procedures and methods, counseling services, prevention-oriented outreach programs, and crisis response in accordance with the mission of the College and institutional objectives. The Director will participate in medical clinical care as needed and appropriate; promotes and demonstrates the department's commitment to creating an environment and delivering health related services that value and respects each individual, and integrates a celebration of the diversity of human experiences, backgrounds, and cultures.

Responsibilities include: leadership, management and animation of the College health services department; the design, implementation, and evaluation of prevention-oriented outreach and programming; coordination and supervision of medical and psychological clinical services; and service as the health liaison to students, administrators, and faculty; assurance of an adherence to pertinent state and federal health requirements; and interpretation, communication and advancement of college health policy. Other duties include: collaborating with the Vice President for Student Affairs, the Dean of Students and other College staff to plan, coordinate, evaluate services/ programs/ policies; anticipating and resolving student issues; and planning, requesting and administering operating budgets for given areas of responsibility; and participating in overall student affairs policy development.

Requirements

Master's degree in nursing with eligibility for state licensure (Nurse Practitioner certification preferred) plus three to five years of relevant administrative experience in ambulatory care/emergency department clinical settings and administration of an educational health service, preferably in higher education; familiarity with and understanding of traditional Catholic ethical positions. The successful candidate will possess a broad base of relevant clinical knowledge and skills, with training/experience in health care problems of adolescents and young adults, ambulatory care and emergency medical services, health education, and counseling; have excellent organizational, interpersonal and communication skills; possess knowledge and sensitivity of student developmental needs, and of opportunities and needs related to students of diverse backgrounds, experiences and cultures; be experienced with Microsoft office and management of departmental budgets. Demonstrated ability to deal effectively with a range of individuals/groups within and outside of the College as both a health care provider and administrator is essential. The successful candidate will be able to assist the College to further its strategic goals for institution-wide diversity.

Contact Information

To apply, send resume, a statement of philosophy of student health services, and three professional references to: hr@anselm.edu or mail to Human Resources, 100 Saint Anselm Drive, Manchester, NH 03102-1310.

Application will be accepted until the position is filled. *Anticipated start date is August 1, 2008.* Saint Anselm College is an equal opportunity employer dedicated to a policy on non-discrimination in employment.

www.anselm.edu

Colby College: Head Nurse

Colby College a small residential Liberal Arts College located in Central Maine seeks candidates for the following position:

HEAD NURSE - Health Services Academic Year Position with Benefits, September - May

The Garrison-Foster Health Center is an accredited ambulatory clinic and infirmary on the Colby campus. The Head Nurse will work with the Medical Director to provide overall management of Health Center activities; oversee the general routine care of student patients, assessment, planning and implementing care, giving medications, computer utilization, and other daily duties of staff nurses; will schedule nursing coverage; recruit and hire staff nurses; prepare and participate in nursing peer review and the education of nursing staff; and work with appropriate offices to write, rewrite, develop and maintain health center procedures and policies. This position reports to the Medical Director for both administrative and clinical duties.

Interested candidates please submit a cover letter and resume, including the names and telephone numbers of three references to:

**Search Committee -Head Nurse
Human Resources
Colby College
5500 Mayflower Hill
Waterville, ME 04901-8855**

To apply electronically send to **hr@colby.edu**.

A review of applications will begin immediately and will continue until the position is filled.

Colby is an Equal Opportunity/Affirmative Action employer, committed to excellence through diversity, and strongly encourages applications and nominations of persons of color, women, and members of other under-represented groups.

For more information about the College and the Health Center, please visit the Colby web site: www.colby.edu

University of Vermont: Coordinator Women's Health/Primary Care Physician

The University of Vermont's Center for Health and Wellbeing (CHWB) seeks applicants for the position of Coordinator of Women's Health and Primary Care Physician in the Women's Health and Student Health Medical Clinic.

This position reports to the Director of Primary Care services and provides primary health care in an outpatient setting to University students. The CHWB is accredited by the Accreditation Association for ambulatory health Care (AAAHHC).

We seek an experienced clinician with excellent interpersonal skills, knowledge of the developmental and health issues of young adults, experience with Women's health issues, commitment to collaboration, interdisciplinary teams, diversity and multicultural sensitivity. The successful candidate will be energetic, creative, forward-thinking and able to juggle competing priorities in a dynamic, fast-paced environment.

Responsibilities include: Evaluation, diagnosis, treatment, education and counseling of patients seeking primary and women's health care, coordination of Women's clinic, supervise staff, consultation with mid-level staff; participation in medical audits and the interdisciplinary teams; participation in on-site clinical instruction, precepting nursing and medical students and residents.

Minimum qualifications include: A MD degree from an accredited program, Vermont State Medical License or eligibility, three years of clinical practice, board eligibility in a primary care specialty (pediatric, family medicine, or internal medicine), CPR and DEA certification. Knowledge of developmental issues of adolescents/young adults and experience working in the primary care of women, experience working with college age population required and a strong commitment to working with a diverse staff and student population.

This is a 12-month full-time position. Salary is commensurate with experience and includes a full benefit package.

For more information about the CHWB, please visit our website at www.uvm.edu/health
<http://www.uvm.edu/health>.

For further information, or to apply with electronic application, resume and cover letter for position #032312, visit our website at:

www.uvmjobs.com

<http://www.uvmjobs.com>

802-656-3494

Cover letter should include a statement of experience/commitment to working with issues of diversity.

The University of Vermont is an Equal Opportunity/Affirmative Action Employer.

Applications from women and people from diverse racial, ethnic and cultural backgrounds are encouraged.